Residual Nitrogen and Kill Date Effects on Winter Cover Crop Growth and Nitrogen Content in a Vegetable Production System

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SUMMARY. A 4-year field experiment examined how monoculture and biculture winter cover crops were affected by prior inorganic nitrogen (N) fertilization of sweet corn (Zea mays) and by kill dates associated with tillage methods. Hairy vetch (Vicia villosa) biomass production and N content remained relatively constant with (N+) or without (N0) prior N application. In N+ treatments, biomass production of winter rye (Secale cereale) and a vetch-rye biculture were significantly greater than vetch biomass production. Rye responded to prior N fertilization and recovered N from residual inorganic N fertilizer at an average annual rate of 30 kg·ha⁻¹ (27 lb/acre), excluding contributions of roots. Nitrogen contents of vetch and biculture cover crops were similar in most years and were significantly greater than those of rye. Nitrogen contents in vetch and biculture treatments were not increased by the residual inorganic N fertilizer addition of the N+ treatment. In the biculture treatment prior N application increased total biomass production but decreased the percentage of vetch biomass. Monoculture vetch biomass production was significantly increased by delaying cover crop kill dates for 8 days in mid-May. However, such delays also significantly lowered vetch foliar N concentrations and consequently did not significantly affect vetch N content. No significant effects of delays on rye or biculture cover crops were detected. It was concluded that prior fertilization of sweet corn with inorganic N affected various cover crops differently and that delaying vetch kill dates 8 days increased biomass production but did not affect N content.

Sustainable cropping practices such as the use of legume cover crops and conservation tillage are not used extensively by vegetable growers (Brumfield, 1996; Drost et al., 1997; Johnson and Hoyt, 1999; Roberts et al., 1999). However, sustainable production of vegetables is expected to increase in accordance with market demand (Brumfield, 1996), and research is needed to resolve uncertainties of vegetable growers about using no-tillage and legume cover crops (Hanson et al., 1995; Hoyt et al., 1994).

Use of small grains as winter cover crops is a sustainable agricultural practice that can increase levels of soil organic matter while reducing soil erosion and nutrient losses (Kuo et al., 1997a; Peet, 1996). Legume winter cover crops have the added benefit of providing fixed dinitrogen gas (N₂) to succeeding cash crops (Abdul-Baki et al., 1997). Most research on using legumes in rotations has been conducted with agronomic and forage crops, and legumes are not used as extensively by vegetable growers (Abdul-Baki et al., 1996b; Singogo et al., 1996). Because dry matter production and carbon to nitrogen (C:N) ratios are often greater for small grains than legumes, small grains may be superior to legumes in maintaining or increasing levels of soil organic matter (Kuo et al., 1997a, 1997b; Peet, 1996). Small grains also recover more residual soil N than legumes (Shipley et al., 1992). Winter rye is the most common small grain winter cover crop in

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the central and southern U.S. corn belt (Bollero and Bullock, 1994), whereas hairy vetch is the most productive legume winter cover crop in many areas of the United States, including Kentucky (Decker et al., 1994; Ebelhar et al., 1984; Holderbaum et al., 1990; Rannells and Wagger, 1996). In bicultures, rye is an excellent companion cover crop for hairy vetch because it provides vertical support for growth of vetch, enabling the more prostrate vetch to compete more effectively (Schonbeck et al., 1995). The species composition of cover crop bicultures can be altered by location, kill date, and climatic factors (Clark et al., 1994; Holderbaum et al., 1990; Rannells and Wagger, 1996, 1997). Clark et al. (1994) reported that differences in biculture species composition between two sites may have been due to differences in soil N availability. In traditional studies with agronomic crops, effects of cover crops and inorganic N fertilizer have been examined on cash crops, but little emphasis has been placed on determining effects of prior N fertilization and soil N availability on growth of cover crops, especially biculture cover crops (Blevins et al., 1990; Clark et al., 1995, 1997; Decker et al., 1994; Ebelhar et al., 1984). Such information would be useful in predicting biomass production, species composition (bicultures), and N contents of cover crops including their effects on succeeding cash crops.

Conservation tillage appears to be acceptable for vegetable production since vegetable yields obtained using such systems have been greater or equivalent to yields produced using conventional methods in some studies (Abdul-Baki et al., 1996a, 1996b, 1997; Abdul-Baki and Teasdale, 1997; Hoyt, 1999; Infante and Morse, 1996; Scarphol and Corey, 1987; Schonbeck et al., 1995). However, adverse effects of conservation tillage on vegetable yields have also been reported (Hoyt, 1999; Hoyt and Walgenbach, 1995; Knavel and Herron, 1986; Knavel et al., 1977; Mwaja et al., 1996; Peterson et al., 1985). In no-till systems, vegetables may be planted soon after killing cover crops (Abdul-Baki et al., 1996b), whereas a delay of at least 1 to 2 weeks, and often 4 weeks, is recommended following tillage (Hoyt et al., 1994). Beneficial effects of delayed kill dates on cover crops have been described for agronomic crops (Clark et al., 1994, 1995, 1997), but information is lacking for summer vegetables that are planted later in the season than most agronomic crops. For such vegetables, cover crops may be grown for a longer time in the spring, and kill date effects on cover crop biomass production and N content may differ from those determined earlier in the spring for agronomic crops.

The objectives of this study were to 1) determine biomass production and N content of rye, vetch, and vetch/rye biculture winter cover crops in a vegetable cropping system including watermelon (Citrus lanatus) and sweet corn (Zea mays), 2) determine how winter cover crops are affected by differences in soil N availability, and 3) determine the effects of cover crop kill dates associated with tilled and no-till vegetable production on cover crop biomass production and N content.

Materials and methods

The experiment was conducted from September to May for 4 years following sweet corn and preceding watermelon at the Kentucky State University Research Farm in Frankfort, KY. A 2 × 3 factorial, split-plot, randomized complete block experimental design was used with three replications. Main plots were tilled and no-till treatments of corn and watermelon, and subplots consisted of winter cover crop treatments and N treatments randomized within main plots. Cover crops of hairy vetch and winter rye were planted with a no-till drill at seeding rates of 45 and 120 kg ha⁻¹ (40 and 107 lb/acre), respectively. A third cover crop consisted of a biculture of vetch and rye seeded at 50% of monoculture rates. The N treatments were the preplant addition of ammonium nitrate (NH₄NO₃)(N⁺) and no NH₄NO₃ (N₀) to the preceding crop of sweet corn in early June at a rate of 125 kg ha⁻¹ (112 lb/acre) of N, followed by a sidedressing of 75 kg ha⁻¹ (67 lb/acre) of N 4 weeks later. Subplots measured 5 (× 5) m (16 × 16 ft) in size and were separated by a minimum distance of 1 m (3.2 ft). In 1994, 1996, and 1998, the experimental was conducted at a site containing Elk silt loam soil (fine-silty, mixed, mesic, Ultic Hapludalfs) with a pH of 6.4. An immediately adjacent site with similar soil was used in 1995.

Vetch was inoculated with appropriate rhizobia bacteria before planting, and winter cover crops were drilled on 10, 20, 25, and 22 Sept. 1993, 1994, 1995, and 1997, respectively. Cover crops were identified by the year of their maturation the following spring. In tilled treatments cover crops were incorporated into the soil with a moldboard plow on 19, 23, 22, and 21 May in years 1994, 1995, 1996, and 1998, respectively. This was done 2 weeks before planting watermelon to reduce levels of toxins associated with cover crop decomposition and to allow settling of the soil (Rowell et al., 1998). In no-till treatments cover crops were desiccated by spraying with (a.i.) 0.35 kg ha⁻¹ (0.31 lb/acre) paraquat (1,1-dimethyl-4-bipyridinium) on 27, 30, 30, and 29 May 1994, 1995, 1996, and 1998, respectively. Thus, in all years except 1998, cover crops grew an average of 8 d longer in no-till treatments than in tilled treatments under optimal warm spring growing conditions. On kill dates vetch was in the vegetative to early-flowering stage in the tilled treatment and was flowering in the no-till treatment. Rye was in the flowering or late-flowering stages in both tillage treatments. One day before kill dates four subsamples of aboveground cover crops were removed from a total area of 0.5 m² (5.4 ft²) in each subplot and combined. In the biculture treatment, vetch and rye plant material were separated. After drying at 65 °C (149 °F) for 48 h, the samples were weighed. The samples were then ground to a particle size about 0.4 mm (0.016 inch) and analyzed for total N using an N analyzer (model FP-228, Leco Corp., St Joseph, Mich.).

Plant-available soil N was measured following sweet corn at the time of planting cover crops. In each subplot three soil subsamples were collected to a depth of 15 cm (5.9 inch) and combined. After air-drying for 48 h, soil extracts were obtained by shaking 5 g (0.18 oz) of soil in 50 mL (1.7 oz) of 2 M potassium chloride (KCl) for 1 h and filtering using Whatman 42 filter paper. Ammonium and nitrate levels in soil extracts were determined colorimetrically using the indophenol blue and Cd reduction methods, respectively, and their sum was consid-
ered to be the level of residual plant-available N in soil to a depth of 15 cm (Keeney and Nelson, 1982).

Significance of treatment main effects and interactions were determined by analysis of variance using the Statistical Analysis System, and significant ($P = 0.05$) differences among treatment means were determined using the least significant difference (SAS Institute, 1985).

### Results and discussion

Interactions of vegetable tillage treatments with N and cover crop treatments were not significant. Thus, effects of N and cover crop treatments on yield, N concentration, total N content of cover crops, and residual soil N available to plants were determined for combined tillage treatments.

#### Residual plant-available soil N.

At the time of cover crop planting, residual plant-available soil N following corn was greater in the N+ treatment than in the N0 treatment, and this difference was usually statistically significant for all cover crops (Table 1). In both N treatments residual available soil N was usually greatest with vetch and lowest with rye. This difference was statistically significant ($P = 0.05$) in 1995 and in the N+ treatment in 1997. Thus, there were differences in residual available soil N among both cover crop and N treatments in soil to a depth of 15 cm. Following field corn in September 1993, soil N available to the all 1994 cover crops was 10.8 mg·kg$^{-1}$ (10.8 ppm).

### Table 1. Residual soil nitrogen (N) available to cover crops in N fertilization treatments of sweet corn.

<table>
<thead>
<tr>
<th>N treatment$^a$</th>
<th>Rye</th>
<th>Vetch</th>
<th>Biculture</th>
</tr>
</thead>
<tbody>
<tr>
<td>1995</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>N0</td>
<td>11.2 b$^b$</td>
<td>18.7 a</td>
<td>17.9 b</td>
</tr>
<tr>
<td>N+</td>
<td>18.4 a</td>
<td>25.2 a</td>
<td>27.7 a</td>
</tr>
<tr>
<td>1996</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>N0</td>
<td>10.4 b</td>
<td>13.2 b</td>
<td>12.4 a</td>
</tr>
<tr>
<td>N+</td>
<td>16.8 a</td>
<td>38.4 a</td>
<td>21.7 a</td>
</tr>
<tr>
<td>1998</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>N0</td>
<td>10.2 b</td>
<td>16.2 b</td>
<td>15.2 b</td>
</tr>
<tr>
<td>N+</td>
<td>31.1 a</td>
<td>65.3 a</td>
<td>40.7 a</td>
</tr>
</tbody>
</table>

$^a$1.0 mg·kg$^{-1}$ = 1.0 ppm.

$^b$N0 treatment = no N applied before cover crop planting; N+ treatment = 200 kg·ha$^{-1}$ (179 lb/acre) of N applied to sweet corn-cover crop followed.

$^c$Within each year values in columns followed by different letters were significantly different ($P = 0.05$).

#### Fig. 1. Cover crop biomass production obtained from (A) N+ treatments and (B) N0 treatments. Within each bar group different letters denote significant ($P = 0.05$) differences. N0 treatment = no N applied before cover crop planting. N+ treatment = 200 kg·ha$^{-1}$ (179 lb/acre) of N applied to sweet corn-cover crop followed. (1.0 Mg·ha$^{-1}$ = 0.45 ton/acre).
biculture biomass production in three of four years, indicating that rye was more dependent on residual N (Fig. 1B). In 1994, all cover crops followed field corn that had not been supplied with inorganic N. Vetch biomass production in the N+ treatment was significantly lower than biomass production of rye or biculture cover crops in two of three years (Fig. 1A). Biomass production of all cover crops was similar in 1996 when growth was adversely affected by cold spring temperatures. Mean monthly air temperatures (±°C deviation from normal) in March and April of 1996 were 3.9 (-2.8) and 10.6 (-2.2) °C, respectively or 39.0 (-5.0) and 51.1 (-4.0) °F. Results indicated that biomass production of rye and biculture cover crops should exceed that of vetch in most years following an N-fertilized summer vegetable crop. This agreed with findings for agronomic crops (Clark et al., 1994; Kuo et al., 1997a; Wagger, 1989), although vetch biomass production has exceeded that of rye when rye biomass production was relatively low (Blevins et al., 1990; Ebelhar et al., 1984).

Vetch biomass production in the N0 treatment was generally similar to that of the biculture cover crop and was significantly greater than rye biomass production in three of four years (Fig. 1A and B). Thus, without prior inputs of inorganic N, vetch should produce dry matter in amounts generally equivalent to rye and the biculture cover crop while fixing N₂.

Biomass production of rye and biculture cover crops was significantly (P = 0.05) lower in the N0 treatment than in the N+ treatment, except for the biculture cover crop in the suboptimal year of 1996 (Fig. 1A and B). Thus, rye and biculture cover crops were able to effectively absorb (i.e., scavenge) residual N supplied as inorganic N fertilizer to a previous sweet corn crop. This finding agreed with the fact that residual available soil N levels were significantly greater in the N+ treatment than in the N0 treatment (Table 1). Cover crop absorption of N decreases off-season NO₃ leaching, thereby conserving soil N and reducing potential environmental pollution. Vetch biomass production in both N treatments remained relatively constant in all years and only varied from 3.5 Mg·ha⁻¹ (1.6 ton/acre) in 1996 to 4.0 Mg·ha⁻¹ (1.8 ton/acre) in 1995. Apparently vetch was able to symbiotically fix sufficient N₂ in the N0 treatment to maintain normal growth. Vetch biomass production was similar (Abdul-Baki and Teasdale, 1997; Blevins et al., 1990; Decker et al., 1994; Kuo et al., 1997a; Smith et al., 1987) or smaller (Clark et al., 1994, 1995, 1997; Ebelhar et al., 1984) than biomass production reported by others.

**Shoot N concentrations.** Shoot N concentrations of vetch were significantly greater than rye N concentrations, whereas biculture cover crop N concentrations were intermediate between those of vetch and rye (Fig. 2A and B). Vetch and rye N concentrations were not affected by N treatments. In 1995 and 1998, N concentrations of the biculture cover crop were significantly (P = 0.05) greater in N0 treatments than in N+ treatments due to a larger proportion of vetch in N0 treatments.

**Total N contents.** The total N content of aboveground vetch cover crops was relatively constant and ranged from 120 to 150 kg·ha⁻¹ (107 to 134 lb/acre) for all years (Fig. 3A and B), approximately equal to the rate of inorganic N fertilizer recommended for most vegetables in Kentucky (Rowell et al., 1998). The N content of the biculture cover crop was similar to that of vetch in all years except for the N0 treatment in 1995. The lower shoot N concentrations of the biculture cover crop...
crop (Fig. 2A and B) were generally offset by higher biculture biomass production (Fig. 1A and B). The N content of rye cover crops was significantly less than that of vetch or biculture cover crops in all years and was about 50 kg·ha⁻¹ (about 45 lb/acre) except for the N+ treatment in 1995 (Fig. 3). Clark et al. (1994, 1997) reported similar results with field corn, although earlier kill dates were used.

The N contents of vetch and biculture cover crops were not affected by N treatments, except in 1995 when the N content of the biculture cover crop was significantly (P = 0.05) greater in the N+ treatment than in the N0 treatment. The difference in rye N content between N0 and N+ treatments was considered to be the amount of residual N recovered by aboveground rye from inorganic N fertilizer supplied to a preceding crop of sweet corn (Burket et al., 1997). Residual N recovered by rye equaled 38 kg·ha⁻¹ (34 lb/acre) in 1995, 18 kg·ha⁻¹ (16 lb/acre) in suboptimal year 1996, and 35 kg·ha⁻¹ (31 lb/acre) in 1998. The mean value of 30 kg·ha⁻¹ (27 lb/acre) was less than the average value of 40 kg·ha⁻¹ (36 lb/acre) reported by Burket et al. (1997), but corn N fertilizer rates were also higher in that study. Assuming that roots contain 25% of rye N (Shipley et al., 1992), rye roots probably recovered about 10 kg·ha⁻¹ (9 lb/acre) of N in our study. Thus, the average rate of residual N recovery by roots plus shoots was estimated as 40 kg·ha⁻¹ (36 lb/acre).

**Figure 3.** Cover crop N contents obtained from (A) N+ treatments and (B) N0 treatments. Within each bar group different letters denote significant (P = 0.05) differences. N0 treatment = no N applied before cover crop planting. N+ treatment = 200 kg·ha⁻¹ (179 lb/acre) of N applied to sweet corn-cover crop followed. (1.0 kg·ha⁻¹ = 0.89 lb/acre).
biculture cover crop was expected to vary directly with N availability, resulting in maximum N\textsubscript{2} fixation in N-deficient soils. Conversely, in N-sufficient soils both the rye to vetch yield ratio and total biculture cover crop biomass production should be higher than in N-deficient soils, resulting in maximum organic matter accumulation. In this study yield responses of the biculture cover crop and species competition within the biculture cover crop occurred as anticipated in N\textsubscript{0} and N\textsubscript{+} treatments (Fig. 1, Table 2). In the N\textsubscript{0} treatment, the percentage of biculture biomass comprised of vetch was significantly greater than that of rye, whereas this was not true in the N\textsubscript{+} treatment (Table 2). Also, biomass production of the biculture cover crop was significantly (\(P = 0.05\)) greater in the N\textsubscript{+} than in the N\textsubscript{0} treatment, except in 1996 (Fig. 1). However, the N content of the biculture cover crop was not higher in the N\textsubscript{0} treatment than in the N\textsubscript{+} treatment as anticipated (Fig. 3). Therefore, the additional 8 d of vetch growth consistently resulted in increased vetch biomass production (Table 3). These yield increases were significant in 1994 and 1995. However, vetch shoot N concentrations were significantly reduced by the additional growth associated with the time delay, in agreement with the findings of Wagger (1989) and Clark et al. (1994, 1995, 1997) (Table 3). Consequently, although the 8-d delay increased vetch biomass production, vetch N content was not affected. Thus, farmers may not acquire more fixed N\textsubscript{2} by allowing vetch to grow past mid-May in Kentucky. Clark et al. (1994, 1995, 1997) obtained increased amounts of fixed N\textsubscript{2} when vetch kill dates were delayed from April to early or mid-May in Maryland, indicating that kill date delays earlier in the season should increase vetch N content at locations near this geographical latitude in the eastern United States, including Kentucky. Also, Wagger (1989) reported increased cover crop biomass production and N content by delaying the kill date from late-March until mid-April in North Carolina, whose growing season begins earlier than in Kentucky or Maryland. No significant effects of kill dates were detected for rye and biculture cover crops in this study. It was concluded that prior fertilization of sweet corn with inorganic N affected various cover crops differently and that delaying vetch kill dates in mid-May increased vetch biomass production but did not affect vetch N content.

### Table 2. Effects of inorganic nitrogen (N) applied to a previous crop on a vetch/rye biculture winter cover crop.

<table>
<thead>
<tr>
<th>Cover crop</th>
<th>N0 treatment\textsuperscript{a}</th>
<th>N+ treatment\textsuperscript{a}</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Dry matter (Mg·ha\textsuperscript{-1})</td>
<td>Shoot N (g·kg\textsuperscript{-1})</td>
</tr>
<tr>
<td>Rye</td>
<td>0.85 b\textsuperscript{u}</td>
<td>20</td>
</tr>
<tr>
<td>Vetch</td>
<td>3.30 a</td>
<td>80</td>
</tr>
<tr>
<td>Rye</td>
<td>2.00 a</td>
<td>45</td>
</tr>
<tr>
<td>Vetch</td>
<td>2.41 a</td>
<td>55</td>
</tr>
<tr>
<td>Rye</td>
<td>1.60 b</td>
<td>37</td>
</tr>
<tr>
<td>Vetch</td>
<td>2.73 a</td>
<td>63</td>
</tr>
<tr>
<td>Rye</td>
<td>0.55 b</td>
<td>14</td>
</tr>
<tr>
<td>Vetch</td>
<td>3.25 a</td>
<td>86</td>
</tr>
</tbody>
</table>

\textsuperscript{a}N0 treatment = no N applied before cover crop planting.  
\textsuperscript{b}N+ treatment = 200 kg·ha\textsuperscript{-1} (179 lb/acre) of N applied to sweet corn - cover crop followed.  
\textsuperscript{u}1.0 Mg·ha\textsuperscript{-1} = 0.45 ton/acre.  
\textsuperscript{v}1.0 g·kg\textsuperscript{-1} = 0.1%.  
\textsuperscript{w}1.0 kg·ha\textsuperscript{-1} = 0.89 lb/acre.  
\textsuperscript{u}Within each year values in columns followed by different letters were significantly different (\(P = 0.05\)).

### Table 3. Response of hairy vetch to 8 d of additional spring growth in no-till compared with tilled treatments.

<table>
<thead>
<tr>
<th>Year\textsuperscript{a}</th>
<th>Vegetable tillage</th>
<th>Dry matter (Mg·ha\textsuperscript{-1})\textsuperscript{b}</th>
<th>Shoot N (g·kg\textsuperscript{-1})\textsuperscript{c}</th>
<th>N content (kg·ha\textsuperscript{-1})\textsuperscript{c}</th>
</tr>
</thead>
<tbody>
<tr>
<td>1994</td>
<td>Tilled</td>
<td>3.26 **</td>
<td>42.0 ***</td>
<td>137</td>
</tr>
<tr>
<td></td>
<td>No-till</td>
<td>4.19</td>
<td>33.6</td>
<td>141</td>
</tr>
<tr>
<td>1995</td>
<td>Tilled</td>
<td>3.76 **</td>
<td>34.2 **</td>
<td>130</td>
</tr>
<tr>
<td></td>
<td>No-till</td>
<td>4.24</td>
<td>30.4</td>
<td>129</td>
</tr>
<tr>
<td>1996</td>
<td>Tilled</td>
<td>3.37</td>
<td>37.3 **</td>
<td>126</td>
</tr>
<tr>
<td></td>
<td>No-till</td>
<td>3.58</td>
<td>33.9</td>
<td>121</td>
</tr>
</tbody>
</table>

\textsuperscript{a}In 1998, the same kill date was used in both tillage treatments.  
\textsuperscript{b}1.0 Mg·ha\textsuperscript{-1} = 0.45 ton/acre.  
\textsuperscript{c}1.0 g·kg\textsuperscript{-1} = 0.1%.  
\textsuperscript{u}1.0 kg·ha\textsuperscript{-1} = 0.89 lb/acre.  
**,**,**,**Tillage difference for that year is significant at \(P = 0.10\) or \(P = 0.05\).


