

Glucosinolate Profiles in Broccoli: Variation in Levels and Implications in Breeding for Cancer Chemoprotection

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ABSTRACT. Ten broccoli [*Brassica oleracea* L. (Botrytis Group)] accessions were grown in several environments to estimate glucosinolate (GS) variability associated with genotype, environment, and genotype × environment interaction and to identify differences in the stability of GSs in broccoli florets. Significant differences in genetic variability were identified for aliphatic GSs but not for indolyl GSs. The percentage of GS variability attributable to genotype for individual aliphatic compounds ranged from 54.2% for glucoraphanin to 71.0% for progoitrin. For total indolyl GSs, the percentage of variability attributable to genotype was only 12%. Both qualitative and quantitative differences in GSs were detected among the genotypes. Ten-fold differences in progoitrin, glucoraphanin, and total aliphatic GS levels were observed between the highest and lowest genotypes. Only two lines, Eu8-1 and VI-158, produced aliphatic GSs other than glucoraphanin in appreciable amounts. Differences in stability of these compounds among the cultivars were also observed between fall and spring plantings. Results suggest that genetic factors necessary for altering the qualitative and quantitative aliphatic GS profiles are present within existing broccoli germplasm, which makes breeding for enhanced cancer chemoprotectant activity feasible.

Glucosinolates (GSs) are a class of sulfur-containing glycosides that are found in a limited number of plant families. The most economically important of these families are the Brassicaceae or Cruciferae, commonly referred to as the mustards, which include various oilseed, condiment, and vegetable crops. GSs are hydrolyzed to various bioactive breakdown products by the endogenous enzyme myrosinase (thioglucoside glucohydrolase, EC 3.2.3.1) (Bones and Rossiter, 1996). These breakdown products include isothiocyanates, thiocyanates, oxazolidinethiones, and nitriles (Fenwick et al., 1983).

Epidemiological studies have long suggested that an inverse relationship exists between the consumption of *Brassica* L. vegetables and induction of cancer (for review see Jeffery and Jarrell, 2001; Verhoeven et al., 1996). Bioassays and feeding studies have identified several indolyl and isothiocyanate products that display anticarcinogenic properties (Nastruzzi et al., 1996; Tawfiq et al., 1995; Zhang and Talalay, 1994; Zhang et al., 1994). These compounds induce phase I and/or phase II xenobiotic detoxification enzymes in mammals (Verhoeven et al., 1996). Phase I enzymes, such as the cytochrome P-450s, functionalize xenobiotics by oxidation or reduction reactions. The primary role for phase I enzymes is to convert xenobiotics into substrates for phase II enzymes to act upon. Phase II enzymes, such as glutathione-S-transferase and quinone reductase, serve to conjugate functionalized products with endogenous ligands or destroy reactive centers. After such metabolism, electrophilic carcinogens are less reactive and can be excreted readily from the cell

(Wattenberg, 1985). Bioactive breakdown products from individual GSs differ in their potency as inducers of these enzymes (Nastruzzi et al., 1996; Tawfiq et al., 1995). Of primary interest to researchers have been the breakdown products associated with glucoraphanin (4-methylsulfinylbutyl GS), glucobrassicin (3-indolymethyl GS), and progoitrin (2-hydroxy-3-butenyl GS). A recent study by Staack et al. (1998) has shown that mixtures of GS derivatives function synergistically and may operate more effectively as chemoprotectants in combination than individually.

In addition to their anticarcinogenic effects, breakdown products from some GSs such as sinigrin have also been implicated in contributing to the bitter flavor of cruciferous vegetables (reviewed in Fenwick et al., 1983). Descriptive sensory analysis comparing flavor attributes with variation in GS concentrations in 19 broccoli [*Brassica oleracea* (Botrytis Group)] genotypes suggest that these compounds and their breakdown products are not the primary determinants of the flavor and aroma of this vegetable (Baik et al., 2002).

Seventeen GSs (Table 1) have been identified in *Brassica* spp. These can be divided into three classes based upon the amino acid precursors from which they originate (Fenwick et al., 1983). Derived from methionine, aliphatic GSs have hydrocarbon side chains that can be modified further by chain length, addition of hydroxyl groups, or introduction of double bonds. The biochemical pathways for aliphatic and other GSs have been shown to be distinct (Haughn et al., 1991). A model for aliphatic GS biosynthesis in *Brassica* spp. that explains the relationship between the various aliphatic GSs has been proposed. The pathway involves an elongation step that regulates the aliphatic chain length (Haughn et al., 1991; McGrath et al., 1993), an oxidation step that produces methylsulphinylalkyl GS such as glucoraphanin (Mithen et al., 1995), a desaturation step that produces alkenyl GS such as sinigrin (Giamoustaris and Mithen, 1996), and a hydroxylation step that produces hydroxyalkenyl GS such as progoitrin (Mithen et al., 1995). GS with indolyl and phenyl groups are derived from tryptophan and phenylalanine, respectively, and can also have similar modifications.

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Table 1. Glucosinolates identified in broccoli, their trivial names, and parental amino acids from which they are derived.

Systematic name	Trivial name	Parental amino acid
3-methylthiopropyl	Glucobrerverin	Methionine
3-methylsulphinylpropyl	Glucobruberin	Methionine
2-propenyl	Sinigrin	Methionine
4-methylthiobutyl	Glucocerucin	Methionine
4-methylsulphinylbutyl	Glucoraphanin	Methionine
3-butenyl	Glucouapin	Methionine
(2R) 2-hydroxy-3-butenyl	Progoitrin	Methionine
(2S) 2-hydroxy-3-butenyl	Epiprogoitrin	Methionine
5-methylthiopentyl	Glucobruberion	Methionine
5-methylsulphinylpentyl	Glucosulyssin	Methionine
4-pentenyl	Glucobrassicinapin	Methionine
2-hydroxy-4-pentenyl	Napoleiferin	Methionine
3-indolymethyl	Glucobrassicin	Tryptophan
N-methoxy-3-indolymethyl	Neoglucobrassicin	Tryptophan
4-methoxy-3-indolymethyl	4-Methoxyglucobrassicin	Tryptophan
4-hydroxy-3-indolymethyl	4-Hydroxyglucobrassicin	Tryptophan
2-phenylethyl	Gluconasturtiin	Phenylalanine

Carlson et al. (1987), working with six commercial cultivars of broccoli identified 10 GSs present. The principal GSs identified in broccoli were the aliphatic GS, glucoraphanin and the indolyl-GS, glucobrassicin. In another study Kushad et al. (1999) surveyed 50 accessions of broccoli in a single environment and identified the principal aliphatic GSs as glucoraphanin and glucouapin, and the principle indolyl-GS as glucobrassicin. This survey noted a 20-fold difference in the levels of glucoraphanin and in total aliphatic GSs among genotypes. In addition, a few lines in this study displayed unique qualitative GS profiles that included significant levels of sinigrin and progoitrin GS.

Environmental effects on GS concentrations have been noted in numerous studies (reported in Fenwick et al., 1983). GS concentration is affected by mineral nutrient availability. In S deficient soils, production of aliphatic GSs in rapeseed (*Brassica napus* L.) is decreased, resulting in a higher proportion of indolyl GSs. Increasing N under these conditions results in higher proportions of progoitrin relative to other aliphatic GSs, suggesting that the hydroxylation step in the aliphatic pathway is favored (Zhao et al., 1994). Nitrogen \times genotype interaction in *B. napus* and *B. oleracea* has been noted (Guistine and Jung, 1985). GS profiles are affected by water stress that can increase total GS levels by as much as 60% (Champoliver and Merrien, 1996). Temperature, however, does not appear to have an effect on short-term GS variability in *Brassica* crops (Rosa, 1997).

Feeding damage by mammalian and arthropod pests has also been implicated in altering levels and proportions of individual GS. In *B. napus*, feeding due to rabbits (*Oryctolagus cuniculus* L.) resulted in a 5-fold increase in glucobrassicin (Smith et al., 1991). The same phenomena have been observed after cabbage aphid (*Brevicoryne brassicae* L.) infestation, wounding, and treatment with jasmonic acid (Bodnaryk, 1992; Doughty et al., 1995; Lammerink et al., 1984).

Harvest date has an inverse relationship to GS content in swede (*Brassica napus* ssp. *rapifera* L.) (Griffiths et al., 1991). In this study, the later the cultivar was harvested the lower the GS content of the edible portion. Conversely, Kushad et al. (1999), Farnham et al., (2000) and Guistine and Jung (1985), observed higher levels of GSs in later maturing broccoli and *Brassica* fodder crops, respectively.

The aforementioned studies raise questions as to how stable

GS profiles are over multiple environments and to the relative contributions of genotype, environment, and genotype \times environment interactions to total phenotypic GS variability among lines.

Both questions are central to cultivar recommendation for cancer chemoprotection and are important considerations for plant breeders. Before recommendations associated with the chemoprotective properties of broccoli can be contemplated, it is important to know how representative the GS levels are from a survey conducted in a single environment. GS profiles may in fact vary dramatically from one environment to the next and consumption based upon recommendations made from a survey in a single environment may not provide optimal health benefits when the same genotypes are grown in a different year or location (Shelp et al., 1993). Of particular concern are qualitative changes in GS profiles that could result in production of compounds that lack chemoprotective activity or could reduce palatability of broccoli.

To plant breeders the question of what proportion of phenotypic variability is attributable to genetic factors is of central importance in allocating resources and designing breeding strategies to optimize cultivar development. Genotype \times environment interaction often overinflates the estimated proportion of genetic variability and the expected gain through breeding (Falconer and Mackay 1996). Various methodologies have been suggested to analyze genotype \times environment interactions to a greater degree than can be accomplished by a two-way analysis of variance (ANOVA) (for review see Hussein et al., 2000). Stability measures such as those described by Lin et al. (1986), were developed principally to measure the predictability of yield in grain crops, but may also provide a method of identifying genotypes that vary from expectations in the production of health promoting phytochemicals or other crop traits. Statistics defined as type I stability measures by Lin et al. (1986), such as genotypic variance over environments or coefficient of variation are not effective in comparing cultivars whose means differ dramatically. The usage of these statistics often results in significant correlation between a genotype's mean performance and its estimated stability (Finlay and Wilkinson, 1963). Shukla's stability variance (Shukla, 1972), defined by Lin et al. (1986) as a type II stability measure, uses an environmental index to measure a genotype's stability in respect to the average of all genotypes grown in the that environment.

This methodology results in a separate stability variance for each genotype that partitions the sums of squares due to genotype \times environment interaction. Therefore, the objective of this study was to determine the feasibility for developing broccoli genotypes with stable and predictable levels of GSs.

Materials and Methods

PLANT MATERIAL. Seeds were planted of two broccoli F_5 inbreds, Ev6-1 (F_6) and Eu8-1 (F_6), two doubled haploids, Su003 and VI-158, five commercial hybrid cultivars, 'Baccus', 'Brigadier', 'High Sierra', 'Majestic' and 'Pirate', and one landrace, 'Broccollette Neri E Cespuglio' (BNC), which were later transplanted into plots at the University of Illinois in Urbana-Champaign, on 10 Aug. 1996, 7 Aug. 1997, and 3 May, and 24 July 1998. Seeds were obtained from Asgrow Seed Co. (Division of Monsanto, St. Louis) PetoSeeds (Seminis Vegetable Seeds, Inc., Woodland, Calif.), David Sharman of the U.S. Department of Agriculture (USDA), Plant Genetic Resource Unit (Geneva, N.Y.) and Mark Farnham of the USDA Vegetable Genetics Center (Charleston, S.C.). Plants were 4 weeks old when transplanted to the field. Soil type was a Drummer silty clay loam (Typic Haplaquoll). Four weeks after transplanting, plants were side-dressed with a granular fertilizer at a rate of 13, 5.7, 6.6, and 4.2 kg·ha⁻¹ of nitrogen, phosphorous, potassium, and sulfur, respectively. Standard broccoli cultivation practices were followed with pesticides applied as needed.

Field design in each environment was a randomized complete block with three replicates of 15 plants spaced 0.3 m apart with 0.9 m between rows. At commercial maturity, three uniform heads were harvested from each plot and packed in ice for transport to the laboratory. This sample size and timing of harvest has been demonstrated to be accurate for estimating genotypic variance of inbred lines and hybrids (Farnham 2000; Kushad et al., 1999). Equal subsamples of the edible portions of the three heads were combined, frozen in liquid nitrogen, lyophilized, and stored at -20 °C until analysis.

GLUCOSINOLATE EXTRACTION AND ANALYSIS. Intact GSs were analyzed using a reverse phase C^{18} column as described by Wathelet et al. (1991) with modifications discussed in Kushad et al. (1999). A 0.2-g sample of freeze-dried powder from each sample was placed in a capped 15-mL glass tube and heated on a heating block (reacti-Therm III, Pierce, Rockford, Ill.) set at 95 °C for 15 min. To each tube, 2 mL of boiling deionized water and 500 mL of 1 mM benzyl GS (internal standard, Canola Council of Canada, Manitoba, Canada) was added. The tubes were heated for an additional 5 min, cooled on ice immediately, and centrifuged at 12,000 g_n for 10 min at 4 °C, and the supernatant was saved on ice. The pellet was reextracted with 1 mL of boiling water and centrifuged at 12,000 g_n for 10 min at 4 °C, and the supernatant was collected, combined with the previously saved supernatant, and mixed. A 1 mL fraction of the supernatant was combined with 150 mL of 0.5 M barium acetate, vortexed for 5 s, and layered on a DEAE Sephadex A-25 column (Sigma Chem., St. Louis). GSs were desulfated with arylsulfatase while on the column by adding 10 units of sulfatase suspended in 500 mL of glass-distilled water to each column and capped for 18 h. The desulfated GSs were eluted from the column with 2 mL of deionized water and separated on a Hitachi high pressure liquid chromatography system (Hitachi Ltd., Tokyo, Japan) consisting of a variable ultraviolet detector set at 229 nm wavelength, a refrigerated autosampler, a column heater set at 32 °C, and a

Lichosphere RP-18 column (Merck, Darmstadt, Germany). Desulfoglucosinolates were eluted from the column in 46 min with a linear gradient of 0% to 20% acetonitrile in water at a flow rate of 0.8 mL·min⁻¹. The type and amount of GSs in each sample were calculated in comparison to certified GS levels in a standard rapeseed reference material (BCR 367, Commission of the European Community Bureau of References, Brussels, Belgium). Using benzyl GS as an internal standard, the recovery of GSs from the samples using this procedure was estimated at 95% to 97%.

STATISTICAL ANALYSIS. ANOVA was based upon the linear model: $x_{ijk} = \mu + \alpha_i + \beta_j + (\alpha\beta)_{ij} + \tau_{k(j)} + e_{ijk}$, where x_{ijk} is the k th replication of the phenotypic value of the i th genotype in environment j , μ is the overall mean, α_i is the fixed effect of genotype i , β_j is the random effect of environment j , $(\alpha\beta)_{ij}$ is the random interaction effect of genotype i in environment j , $\tau_{k(j)}$ is the nested effect of the k th block within the j th environment, and e_{ijk} is the experimental error associated with x_{ijk} . For the purpose of the study, genotypes were considered a fixed effect, environment and the interaction term were considered random, and block was nested within environment. Variance components, LS means and SE values of the means were estimated using Proc Mixed (SAS Institute, Inc., 1996). Crossover interactions, changes in the rank of genotypes across environments that can result in disparity between a genotype's predicted and actual performance, were tested using the methodology of Azzalini and Cox (1984). As described in Baker (1988), a rejection of the null hypothesis of this test provides support for significant changes in rank.

The stability of the individual genotype's performance in response to the environments was analyzed using Shukla's (1972) stability variance, which partitions the genotype \times environment interaction component into separate stability variances for each genotype by means of linear regression. The linear model regresses the average value for each genotype in each environment on an environmental index that represents the average score of all genotypes in an environment. As defined by Lin et al. (1986), this statistic is a type II stability measurement in which a genotype is considered stable if its response to a given environment is parallel to the mean response of all genotypes in the same trial. Stability variances were generated using Proc Mixed (SAS Inst., Inc., 1996) with additional commands detailed in Piepho (1999). F tests ($P < 0.05$) were used to determine if the stability variance estimates were significant. A significant stability variance would suggest that the genotype is deviating from the additive effects of genotype and environment. To allow comparisons of the relative stability of glucoraphanin, total aliphatic GSs and total indolyl GSs, among the genotypes, the proportion of genotype by environment sums of square explained by each genotype was obtained by first obtaining the product of each stability variance and the appropriate correction factor and then dividing by the total sum of squares due to genotype \times environment interaction (Shukla, 1972).

Results

The following GSs listed in Table 1 were detected in the florets of at least one broccoli genotype in appreciable amounts over the 4 years of analysis: glucoraphanin, sinigrin, progoitrin and the four indolyl GSs, predominately in the form of glucobrassicin. For the ANOVA of these compounds (Table 2), variation due to genotype was significant and was the most important component of variation associated with sinigrin, progoitrin, glucoraphanin, and total aliphatic GS production. Percentage of variation for

Table 2. Percentage of total variation accounted for by genotype, environment, and genotype × environment interaction in 10 genotypes of broccoli grown over four environments.

Variation	Substance (%)					
	Sinigrin	Progoitrin	Glucoraphanin	Total aliphatics	Glucobrassicin	Total indolyl-GS
Genotype	68.2***	71.0***	54.2***	61.1***	18.7*	12.0
Environment	0.1	5.6	4.7	4.5*	19.2**	33.0***
G × E ^z	15.5***	10.4***	9.3**	10.3**	20.0**	21.0***
Residual	16.0	12.9	31.2	24.1	42.1	32.1

^zG × E = genotype × environment interaction.

*, **, *** Significant at $P < 0.1$, 0.05, or 0.01, respectively.

aliphatic GSs described by the genotype ranged from 54.2% of total variation for glucoraphanin to 71.1% of total variation for progoitrin. The environment and genotype × environment interaction contributed only 4.5% and 10.3%, respectively, to total aliphatic variation among lines in this study. For the individual aliphatic compounds, glucoraphanin, progoitrin, and sinigrin, the environment and genotype × environment contributed 4.7% and

9.3%, 5.6% and 9.4%, and 0.1% and 15.5%, respectively. All genotype × environment interactions were significant.

In contrast, limited genetic variability was detected for indolyl GS among the genotypes in our study. Only 12.0% of total indolyl GS variability among lines can be explained by genotype, while 33.0% and 21.0% is explained by environment and genotype × environment interaction, respectively. For glucobrassicin, the

Table 3. Means and SE values (in parentheses) of glucosinolates levels of 10 broccoli genotypes grown over four environments.^z

Genotype	Year	Season	Progoitrin ^z	Sinigrin	Glucoraphanin	Total aliphatic	Total indolyl
Baccus	1996	Fall	0.7 (0.3)	0	1.5 (0.6)	3.4 (1.6)	1.0 (0.4)
	1998	Fall	1.1 (0.1)	0	3.2 (0.4)	4.7 (0.7)	2.8 (0.3)
	Avg		0.9	0	2.4	4.1	1.9
BNC	1997	Fall	0.3 (0.1)	0.1 (0.1)	12.2 (1.8)	13.8 (2.2)	2.1 (0.4)
	1998	Fall	0.6 (0.2)	0	13.2 (3.8)	15.2 (3.3)	2.5 (0.9)
	1998	Spring	0.3 (0.1)	0	22.9 (9.7)	24.2 (9.7)	5.4 (1.0)
Avg		0.4	0	16.13	17.7	3.3	
Brigadier	1996	Fall	0.9 (0.1)	0	21.7 (0.9)	26.3 (3.2)	2.2 (0.2)
	1998	Fall	0.4 (0.1)	0	17.2 (3.1)	18.7 (3.0)	3.3 (0.6)
	1998	Spring	0.3 (0.1)	0	16.2 (1.0)	18.2 (2.9)	5.9 (1.0)
Avg		0.5	0	18.4	21.1	3.8	
EU8-1	1996	Fall	7.9 (1.2)	0.2 (0.1)	9.6 (0.3)	20.9 (1.6)	2.3 (1.2)
	1998	Fall	6.9 (1.7)	0	13.6 (2.2)	21.2 (4.0)	2.9 (0.5)
	1998	Spring	4.1 (0.2)	0	13.5 (1.7)	18.5 (2.0)	5.6 (0.7)
Avg		6.3	0.1	12.2	20.2	3.6	
EV6-1	1996	Fall	0.1 (0.1)	0	0.8 (0.1)	1.3 (1.0)	1.1 (0.4)
	1997	Fall	0.2 (0.1)	0	4.0 (0.2)	5.1 (0.2)	3.0 (0.5)
	1998	Spring	0.2 (0.1)	0	1.8 (0.4)	2.7 (0.6)	4.1 (1.9)
Avg		0.2	0	2.2	3.0	2.8	
High Sierra	1996	Fall	2.3 (0.3)	0.3 (0.2)	4.5 (2.0)	9.9 (1.2)	1.3 (0.3)
	1998	Fall	1.5 (0.2)	0.4 (0.1)	5.5 (0.9)	7.9 (1.1)	3.2 (0.3)
	1998	Spring	0.8 (0.5)	0.2 (0.2)	12.4 (2.2)	14.2 (1.3)	3.7 (0.4)
Avg		1.51	0.3	7.5	10.7	2.7	
Majestic	1996	Fall	0.1 (0.1)	0	16.0 (3.6)	19.1 (4.1)	0.7 (0.1)
	1997	Fall	0.4 (0.1)	0	5.9 (1.6)	7.0 (1.6)	5.4 (1.0)
	1998	Spring	0.3 (0.1)	0	11.6 (3.3)	12.7 (3.3)	5.7 (0.9)
Avg		0.3	0	11.2	12.9	3.93	
Pirate	1996	Fall	0.5 (0.2)	0	10.7 (1.4)	13.0 (2.0)	4.1 (2.0)
	1997	Fall	0.4 (0.1)	0	3.3 (0.7)	4.1 (0.8)	2.5 (0.5)
	1998	Fall	0.8 (0.6)	0	6.0 (0.7)	7.5 (1.2)	7.3 (1.0)
	1998	Spring	0.6 (0.4)	0	13.0 (0.9)	14.4 (1.0)	5.8 (0.2)
Avg		0.56	0	8.2	9.8	4.9	
SU003	1997	Fall	0	0	1.8 (0.2)	2.2 (0.2)	0.7 (0.2)
	1998	Fall	0.2 (0.1)	0	3.7 (1.2)	4.5 (1.3)	2.3 (0.4)
	1998	Spring	0	0	3.6 (1.0)	4.2 (1.1)	2.3 (0.4)
Avg		0.1	0	3.0	3.6	1.8	

^zData are the means of four replications in mmol·g⁻¹ freeze-dried tissue.

principle indolyl GS, genotype contributed only 18.7% to the total phenotype variability, a value that was smaller than both the effects of the environment and the genotype \times environment interaction.

Means and SE values for glucoraphanin, sinigrin, progoitrin, total aliphatic GSs, and total indolyl GSs in all environments are presented in Table 3. GS profiles among genotypes differed qualitatively and quantitatively. There were 10-fold differences in progoitrin, glucoraphanin, and total aliphatic GS levels between the highest and lowest genotypes. Glucoraphanin was the predominate GS in all genotypes. 'Brigadier' and BNC had the highest average concentrations of glucoraphanin (18.4 and 16.1 mmol·g⁻¹ freeze-dried tissue, respectively) while the lowest levels were found in Ev6-1, 'Baccus' and Su003 (2.2, 2.4, and 3.0 mmol·g⁻¹ freeze-dried tissue, respectively). Other genotypes tended to be intermediate in expression of glucoraphanin concentrations, which ranged between 7.5 and 12.2 mmol·g⁻¹ freeze-dried tissue. The highest concentrations for total aliphatic GSs were observed in VI-158, 'Brigadier', Eu8-1, and BNC while the lowest levels were observed in Ev6-1, 'Baccus', and Su003. Eu8-1 and VI-158 were the only lines with significant levels of progoitrin while VI-158 was the only line that produced sinigrin in appreciable amounts. Little differences were observed between genotypes in either total indolyl GSs or in glucobrassicin which tended to be the predominate indolyl GS. Total indolyl GSs were always less than total aliphatic GSs with up to a 6-fold difference in the same lines. No crossover interactions in respect to glucoraphanin, total aliphatic, or total indolyl GS were detected (data not presented).

Stability variances for glucoraphanin, total aliphatic, and total indolyl GSs are listed in Table 4. The most stable genotype for glucoraphanin was Su003 while the least stable was BNC. Only BNC differed significantly from the regression of the mean glucoraphanin concentration on the environmental index and contributed almost 25% to the total sum of squares due to glucoraphanin genotype \times environment interaction. Eu8-1 was the most stable genotype for total aliphatic GSs while VI-158 was the least stable. Eu8-1 was also more stable than VI-158 with respect to progoitrin biosynthesis (data not presented). VI-158 and 'Majestic' were significantly different from the regression of mean total aliphatic GS production on the environmental index. These same two genotypes explained almost 40% of the sum of

squares due to total aliphatic genotype \times environment interaction. 'Baccus', Ev6-1, and Su003 were the most stable genotypes with respect to total indolyl-GSs and the least stable were 'Pirate' and 'Majestic'. While the stability variance estimates of 'Pirate' and 'Majestic' were not statistical significant, they explained 67% of the sum of squares due to total indolyl GS genotype \times environment interaction.

Discussion

Interpretation of the results of this study is constrained by the fact that the data was generated from evaluations conducted in a single location over multiple years. The results suggest that the genetic variability associated with aliphatic GSs reported in previous studies (Kushad et al., 1999), is consistent over multiple environments while the variability among broccoli cultivars in this study with respect to indolyl GSs is primarily due to nongenetic causes. Based upon the percentage of variability contributed by genotype and its observed level of variation, it is anticipated that greater success will occur in breeding for specific aliphatic GS profiles than for those that contain indolyl GSs. The genotypes that were selected for inclusion in this study are representative of the broad range of qualitative and quantitative variability observed by the authors in the first year of the study. While this may introduce bias and limit extrapolation beyond the scope of the current study, it nevertheless emphasizes the relative importance of the genetic component in the phenotypic expression of glucosinolate variability. It also should be noted that while the genotypes included in this study were representative of the range of indolyl GS expression described in our previous study (Kushad et al., 1999), they were chosen for inclusion based primarily upon their aliphatic GS profiles and the results may therefore be biased. The highest levels of indolyl GS in our current study, however, were detected in 'Pirate' which was also among the highest in the aforementioned study.

Previous studies have suggested that indolyl GSs are more susceptible to environmental effects than aliphatic GSs (Bodnaryk, 1992; Doughty et al., 1995; Lammerink et al., 1984; Smith et al., 1991) and our current study confirms this finding by demonstrating the importance of environment and genotype \times environment interaction in regulating indolyl GS expression. Six of the eight

Table 4. Means and the stability of glucosinolate biosynthesis in broccoli (*Brassica oleracea*) florets of 10 genotypes grown in four environments.

Genotype	Total aliphatic GS			Glucoraphanin			Total indolyl GS		
	Mean ^z	Stability variance ^y	% SS (G \times E) ^x	Mean	Stability variance	% SS (G \times E)	Mean	Stability variance	% SS (G \times E)
EU8-1	20.2	8.7	3.8	12.2	9.3	5.9	3.6	0.2	3.0%
SU003	3.6	10.0	4.3	3.0	7.7	4.9	1.0	<0.01	<1.0%
Baccus	4.1	9.5	4.1	2.4	8.0	5.1	1.9	<0.01	<1.0%
EV6-1	3.0	11.6	5.0	2.2	8.9	5.7	2.8	<0.01	<1.0%
High Seirra	10.7	14.3	6.2	7.5	17.0	11.0	2.7	0.01	<1.0%
Pirate	9.8	25.7	11.1	8.2	20.2	12.9	4.9	2.8	32.4%
Brigadier	21.1	27.0	11.7	18.4	14.4	9.2	3.8	0.3	3.0%
BNC	17.7	31.7	13.8	16.1	35.5*	23.0	3.3	0.7	7.8%
Majestic	12.9	37.8*	16.4	11.2	26.9	17.1	3.9	3.1	34.6%
VI-158	24.1	54.1*	23.4	11.3	9.1	5.8	2.8	1.7	19.4%

^zThe mean of genotypes across environments in mmol·g⁻¹ freeze-dried broccoli florets.

^yStability variances were obtained by the regression of the mean concentration of each genotype on an environmental index. Separate variances were assigned to each genotype with greater variances reflecting less stable genotypes.

^x $[\sigma_1^2((g-1)(e-1)/g)]$ = sum of squares due to G \times E interaction.

*Significant at $P = 0.05$; F test for $\sigma_1 = 0$ with $mse_{(total\ aliphatic\ GS)} = 13.9$, $mse_{(glucoraphanin)} = 10.04$, and $mse_{(total\ indolyl\ GS)} = 1.59$; with $e-1$ and $g(e-1)$ deg.

genotypes that were grown in 1998 showed higher levels of total indolyl GSs in the spring. A spring crop in Illinois faces a number of stresses not encountered in fall plantings. Lower than optimal temperatures at transplanting and higher than optimal temperatures at maturity provide an environment distinct from that of a fall planting. Herbivores are known to feed on seedlings in the spring when few other sources of food are available. In addition, frequent and heavy rains in Spring 1998 left the plants in standing water for short periods of time, a situation not encountered in the fall. Whether any or all of these factors contributed individually or collectively to induce higher indolyl GS levels is subject to further investigations.

Of interest are the two genotypes that produced aliphatic GSs in addition to glucoraphanin. Both VI-158 and Eu8-1 produced higher levels of total aliphatic GSs in Fall compared to Spring 1998; however, the amount of glucoraphanin remained relatively constant. Progoitrin production was dramatically lower in Spring 1998 crop than in any of the fall crops. In Eu8-1, progoitrin levels in Spring 1998 were 60% of those observed in Fall 1996 or 1998. The decrease in progoitrin levels in Spring 1998 was even more dramatic in VI-158, which was only 17% and 19% of that seen in Fall 1996 and 1998, respectively. Sinigrin content in VI-158 was also lower in Spring 1998 than in either Fall 1996 or 1998 with levels in the spring only 34% of those seen in the fall. These results suggest that, while levels of glucoraphanin maybe less affected by environmental stress, either the desaturation or the hydroxylation step that link glucoraphanin and progoitrin may be inhibited in the spring planting. It was demonstrated by Zhao et al. (1994) that induction of aliphatic GS by high N fertility favored the hydroxylation step, preferentially producing progoitrin over gluconapin.

The differences observed in GS profiles among the genotypes in the present study are both quantitative and qualitative. The genotypes can be divided into those with relatively limited levels of aliphatic GS (Ev6-1, 'Baccus', and Su003), genotypes that have high levels of glucoraphanin ('Brigadier' and BNC), and lines that have moderate levels of glucoraphanin and relatively high levels of progoitrin (Eu8-1, and VI-158) and sinigrin (VI-158). These data are not inconsistent with the biosynthetic model proposed by Mithen et al (1985) in which allelic variation in a few genes at key points in the pathway control the qualitative differences among aliphatic GSs. Assuming this model accurately reflects GS biosynthesis in broccoli, then the qualitative differences observed among aliphatic composition in Eu8-1 and VI-158 may be due to allelic variation in the genes encoding key regulatory enzymes which result in the partitioning of total GS to favor enhanced production of progoitrin in Eu8-1 and progoitrin and sinigrin in VI-158.

The quantitative differences detected in this study may reflect allelic differences or gene dosage effects at genes in this model or allelic variation at loci before these biosynthetic modifications in the methionine, cysteine, or S assimilation pathways. In members of the *Brassica*, the amino acid S-methylcysteine sulfoxide (SMCSO) has been shown to serve as a major metabolic pool of organic S (Mae et al., 1971). Amounts of SMCSO and its conversion into the S amino acid precursors of the GSs may be involved in this quantitative variation. This investigation and previous publications (Kushad et al., 1999) suggest that genes necessary for altering GS profiles, both quantitatively and qualitatively, can be found within current broccoli germplasm. Using existing germplasm to develop genotypes with GS profiles that promote enhanced bioactivity could reduce the time and re-

sources for introducing these genes from distantly related germplasm.

The stability analysis suggests that aliphatic GS levels in these specific cultivars are relatively stable with most of the genotype \times environment interaction in this study explained by a few genotypes. BNC was the only cultivar that acted in a significantly nonadditive manner with respect to glucoraphanin. This deviation was due principally to glucoraphanin levels almost twice as high in Spring 1998 than in any of the fall crops. It should be noted, however, that this genotype is a land race and may not be as genetically homogenous as others included in the study. Total aliphatic GS levels were also relatively stable in all cultivars, except two cultivars showing significant stability deviations. In one of these genotypes, VI-158, the deviations from additivity are reflected principally in the reduced levels of sinigrin and progoitrin in the Spring 1998. This line also contained significant levels of gluconapin in 1996 that was not detected in other years (Kushad et al., 1999). Converting the stability scores to percentages of genotype \times environment interaction sums of square allowed for comparisons among the compounds (Table 4.). The lines that were stable in respect to aliphatic GSs were also stable in respect to total indolyl GSs. For example, Eu8-1 and 'High Sierra' were among the most stable genotypes for both total aliphatic and total indolyl GS while VI-158 and 'Majestic' were among the least stable for the same compounds.

Results herein emphasize the importance of using multiple environments for genotype evaluation and cultivar development. Stability analysis appears to be an effective method in identifying those cultivars whose phenotypic expression deviates from the additive effects of genotype and environment and therefore may not perform as expected under varying environmental conditions.

Evidence from this investigation that qualitative and quantitative variability in aliphatic GSs in broccoli are under genetic control supports the feasibility of developing germplasm with modified GS profiles and potentially altered health-promoting activity. Broccoli genotypes with altered GS profiles are of value for several reasons. While a number of researchers are currently studying the effects of specific GSs on chemoprotectant activity, the level or appropriate mix of individual GS that optimizes cancer chemoprevention following consumption has yet to be determined. The research is complicated by the synergistic relationship among individual GS breakdown products and between GSs and other compounds present in broccoli. Secondly, after the appropriate level and mix of GSs has been determined, the development of cultivars with specific GS profiles will allow for meaningful recommendations of dietary intake of cruciferous vegetables in respect to chemoprotective activity. Our results suggest that the genetic resources necessary for developing broccoli lines with altered and stable aliphatic GS profiles for these purposes are present in existing broccoli germplasm.

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