Morphological and Physiological Characteristics of *Leea coccinia* and *Leea rubra* in Response to Light Flux

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Abstract. Two foliage plant species, Leea coccinia L. and Leea rubra L., were evaluated for survival and for morphological and physiological changes in response to low light flux. Both species of Leea survived in light as low as that survived by Ficus benjamina L. Following 124 days under simulated interior lighting conditions of 5.7, 2.6, or 0.70 mol·m²·day¹, L. coccinia, L. rubra, and F. benjamina plants grown in 92% shade had lower total fresh/dry weight, smaller leaf area, and thinner leaves than plants grown in full sun. After 124 days, plants of all three species in 92% shade were shorter, narrower, and had fewer growing points than plants in full sun. After 124 days, plants of L. coccinia grown in 92% shade contained more total chlorophyll, and more chlorophyll a and b, and they had a lower chlorophyll a: b ratio than plants from full sun. Anthocyanin content in L. rubra plants grown in 92% shade was lower than that of plants grown in full sun. Plants of F. benjamina grown in 92% shade contained more total chlorophyll and more chlorophyll a and b than plants grown in full sun.

Many plants grown successfully indoors under low light conditions include small herbaceous plants such as ferns, little leaf schefflera (Schefflera arbicola L.), and Aglaonema spp. (Larson, 1979). Large plants are appropriate in many interior locations, but the availability of large plant selections is limited largely to Ficus benjamina trees (Collard et al., 1977; Conover and Poole, 1975; Fails et al., 1982a). However, Leea coccinia and L. rubra may partially fill the need for diversity in large interior plants. These plants are multi-stemmed, have bi- and tri-pinnately compound leaves and produce large, pink compound umbel type inflorescenes. Both are native to the Burma/India region and are grown in the islands of the Caribbean and Hawaii under a range of light flux, from full sun to dense shade (Liberty Hyde Bailey Hortorium, 1977; Ko et al., 1981).

Plant growth in interior environments may be limited by temperature and humidity, but light is often the most limiting factor (Collard et al., 1977; Conover and Poole, 1975; Fails et al., 1982b; Larson, 1979). Interior lighting levels vary considerably and are often low. Measurements in offices ranged from 0.18 to 1.4 mol·m²·day¹ (2 to 16

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μmol·m⁻²·s⁻¹), depending on the number of windows and exposure (J.M.S., unpublished). Plants that tolerate low light levels

and can adapt rapidly from high light conditions to dim interior lighting may be suitable as interior plants.

Conklin (1970) first reported on the value of shading and a reduced watering schedule to acclimatize foliage plants before placement in building interiors. Conover and Poole (1975) demonstrated that plants of F. benjamina and Brassaia actinophylla L. held at reduced light levels (> 40% shade) for as little as 5 weeks were of a higher grade and quality than plants that had not been under reduced light. Plants of F. benjamina acclimatized to reduced light conditions were taller and had larger leaves but a smaller total leaf area, fewer and thinner leaves, a thinner trunk, lower total carbohydrate content, and lower total fresh and dry weights than plants grown in full sun (Conover and Poole, 1977; Conover et al., 1982; Fails et al., 1982a, 1982b; Johnson et al., 1982; Milks et al., 1979). Also, their foliage was darker, glossier, and higher in total chlorophylls a and b than foliage produced under high light conditions (Collard et al., 1977; Conover and Poole, 1977; Fails et al., 1982a; Johnson et al., 1982; Joiner et al., 1980).

The objective of this study was to determine the ability of *L. coccinia* and *L. rubra* to adjust to simulated interior lighting conditions as compared with *F. benjamina*.

Leaf/bud cuttings of L. coccinia were

Table 1. Characteristics² of *Leea coccinia* grown under four light levels in the greenhouse for 124 days.

	Shade	Pl	ant		Leaf	Growing
Measurement	level ^y	Ht	Width	Count	Thickness	points
day	(%)	(cm)	(cm)	(no.)	(mm)	(no.)
34	0	31.4	82.3	10	0.25	3.3
	32	29.1	87.0	11	0.22	3.5
	63	26.8	84.8	10	0.23	3.3
	92	29.9	90.4	10	0.21	2.0
Significance						
Shade		NS	NS	NS	**	NS
Linear		NS	NS	NS	***	NS
Quadratic		NS	NS	NS	*	NS
61	0	32.5	90.9	13	0.21	3.0
	32	29.9	93.0	13	0.22	2.5
	63	26.6	94.9	15	0.19	1.8
	92	30.0	92.5	11	0.17	2.0
Significance						
Shade		NS	NS	NS	***	NS
Linear		NS	NS	NS	***	NS
Quadratic		NS	NS	NS	**	NS
95	0	33.6	97.0	13	0.22	3.8
	32	30.5	91.8	15	0.21	2.5
	63	27.4	98.5	15	0.18	2.8
	92	30.3	92.0	11	0.17	1.8
Significance				•		
Shade		*	NS	NS	***	NS
Linear		*	NS	NS	***	NS
Quadratic		*	NS	NS	NS	NS
124	0	35.4	96.0	17	0.22	3.8
	32	34.5	96.0	17	0.21	2.5
	63	31.5	99.8	18	0.19	2.3
	92	30.6	93.0	13	0.17	2.8
Significance				-	•	
Shade		NS	NS	NS	**	NS
Linear		NS	NS	NS	**	NS
Ouadratic		NS	NS	NS	NS	NS

²Mean of four plants. Six plants of each species were selected. $^{9}0\% = 8.37$, 32% = 5.67, 63% = 2.61 and 92% = 0.70 mol·m⁻²·day⁻¹.

NS,*,**,***Not significant or significant at P = 0.05, 0.01, or 0.001, respectively.

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Characteristics² of Leea rubra grown under four light levels in the greenhouse for 124 days.

	Shade	Pl	Plant		Leaf		
Measurement	levely	Ht	Width	Count	Thickness	Growing points	
day	(%)	(cm)	(cm)	(no.)	(mm)	(no.)	
34	0	38.8	68	11	0.24	6.3	
	32	33.6	61	9	0.22	4.5	
	63	34.6	66	10	0.20	4.5	
	92	34.2	65	8	0.17	4.5 2.5	
Significance				ŭ	0.17	2.5	
Shade		NS	NS	*	*	NS	
Linear		NS	NS	•	***	NS	
Quadratic		NS	NS	NS	NS	NS	
61	0	38.1	70	11	0.21	3.8	
	32	33.9	67	10	0.20	4.8	
	63	35.6	67	11	0.19	4.5	
	92	34.9	60	7	0.18	3.8	
Significance				•	5,120	2.0	
Shade		NS	NS	NS	*	NS	
Linear		NS	NS	NS	**	NS	
Quadratic		NS	NS	NS	NS	NS	
95	0	38.9	71	18	0.20	3.3	
	32	33.9	70	17	0.19	4.0	
	63	34.9	70	16	0.18	4.3	
	92	24.9	59	ğ	0.18	3,3	
Significance			•	-	0.10	5.5	
Shade		NS	*	***	NS	NS	
Linear		NS	•	***	NS	NS	
Quadratic		NS	NS	**	NS	NS	
124	0	37.8	74	20	0.20	3.0	
	32	34.3	71	20	0.21	5.0	
	63	36.1	71	19	0.18	4.3	
	92	35.8	59	ii	0.17	2.5	
Significance					0,1,	2.5	
Shade		NS	*	**	NS	NS	
Linear		NS	**	***	NS	NS	
Quadratic		NS	NS	**	NS	NS	

^zMean of four plants.

y0% = 8.37, 32% = 5.67, 63% = 2.61 and 92% = 0.70 mol·m⁻¹·day⁻¹.

NS.*.***Not significant or significant at P = 0.05, 0.01 or 0.001, respectively.

Table 3. Characteristics of Ficus benjamina grown under four light levels in the greenhouse for 124

	Shade	Pl	Plant		
Measurement	level ^y	Ht	Width	Leaf thickness	
day	(%)	(cm)	(cm)	(mm)	
34	0	47.5	74.4	0.27	
	32	48.3	63.5	0.24	
	63	46.6	63.8	0.23	
	92	49.0	68.3	0.24	
Significance			30.0	0.21	
Shade		NS	NS	*	
Linear		NS	NS	*	
Quadratic		NS	NS	*	
61	0	55.0	85.0	0.23	
	32	55.0	70.5	0.23	
	63	50.8	65.5	0.22	
	92	47.9	71.0	0.22	
Significance			71.0	0.22	
Shade		NS	*	NS	
Linear		NS	*	NS NS	
Quadratic		NS	*	NS	
95	0	71.1	92.3	0.22	
	32	63.6	77.5	0.22	
	63	55.6	70.5	0.21	
	63 92	49.3	73.5	0.20	
Significance	<i></i>	47.3	13.3	0.17	
Shade				***	
Linear		**		***	
Quadratic		NS	NS		
124	0	85.9	105.8	ns 0.21	
124	32	76.8			
	63	66.0	89.8	0.20	
	92	53.6	77.5	0.19	
Simificance	94	33.0	80.0	0.15	
Significance Shade		**		***	
Linear		**	**	***	
Quadratic				•	
Quadrane		NS	NS	-	

Mean of four plants.

 $^{9}0\% = 8.37$, 32% = 5.67, 63% = 2.61 and 92% = 0.70 mol·m⁻²·day⁻¹. NS.*.**Not significant or significant at P = 0.05, 0.01 or 0.001, respectively.

rooted between 23 Feb. and 18 May 198.5 in 1 peat : 1 vermiculite (v/v), with bottom heat and mist. Cuttings of F. benjamina, consisting of three to five leaves, were treated with 0.3% 1 H- indole-3-butanoic acid (IBA) and rooted between 16 Mar. and 22 June 1985, in 2 peat : 1 perlite (v/v) with bottom heat and mist. Populations of L. rubra were produced from seeds obtained from T. Lockhard, Aibonito, Puerto Rico. Seeds were germinated 3 Jan. 1985 in a flat of peat/ vermiculite mix using bottom heat at 28C. All cuttings/seedlings were repotted twice between the propagation date and 6 July 1985 resulting in \approx 210, 280, and 350 plants of L. coccinia, F. benjamina, and L. rubra, respectively, potted into 3-liter plastic containers. All plants were fertilized using 15N-15P-15k water-soluble fertilizer at 200 ppm N every 2 weeks.

A $4 \times 4 \times 3 \times 2$ repeated measure, factorial experimental design [four photosynthetic photon flux (PPF) levels, four measurement dates, three species, two replicates] was arranged in a greenhouse on 23 Oct. 1985. PPF treatments were achieved by completely covering the treatment areas with 0%, 32%, 63%, or 92% density black polypropylene shade cloth. Six plants of each species were matched for uniformity of plant height and width, leaf count, size, age, and orientation, canopy density, and, for F. benjamina, number of growing points and number and angle of the branches. Matched groups of six plants for each species were placed in each of the eight treatments. Light flux and temperature were recorded throughout the experimental period using 190 SB quantum sensors (LI-COR, Lincoln, Neb.) and copper-constantan thermocouples attached to a Cambell CR-7 data logger (Cambell Scientific, Logan, Utah).

Repeated physical measurements, including plant height and width, leaf thickness (millimeters), and, for *L. coccinia* and *L.* rubra, leaf count, were recorded 27 Nov. and 24 Dec. 1985, 27 Jan. and 25 Feb. 1986. Destructive measurements, recorded on three plants of each species for all treatments on 6 Mar. 1986, including total top, leaf, and stem fresh and dry weights and leaf areas. Leaf samples consisting of several mature leaves (leaflets for L. coccinia and L. rubra) from the upper canopy were taken for all species in all treatments on 25 Feb. 1986 for determination of chlorophyll in L. coccinia and F. benjamina and anthocyanins in L. rubra. The procedure for chlorophyll extraction was as described by Holden (1976) and Salas (1988). The procedure for anthocyanin extraction was as described by Fuleki and Frances (1968) and Salas (1988). Total anthocyanin content, expressed as nano moles per square centimeter idaein equivalents, were calculated using the extinction coefficient (3.43×10^4) for idaein (Siegelman and Hendricks, 1957). All data were analyzed using the General Linear Model method and regression analysis to test for linear and qua-

Repeated morphological measurements. Increased duration under shade did not in-

dratic effects.

Table 4. Growth response of *Leea coccinia, L. rubra*, and *Ficus benjamina* to four light levels after 135 days in the greenhouse.

		Growth characteristics								
	Shade level (%) ²	Fresh wt (g)			Dry wt (g)			Total leaf area		
Species		Total	Leaf	Rachis	Stem	Total	Leaf	Rachis	Stem	(cm ²)
Leea coccinia	0	433	238	113	82	140	83	30	27	9,610
	32	395	216	105	75	120	70	27	23	8,870
	63	436	266	99	71	122	83	22	17	11,700
	92	245	148	63	34	53	36	11	7	6,880
Significance										•
Shade		**	*	*	**	**	**	**	**	NS
Linear		**	*	**	**	**	**	**	**	NS
Ouadratic		NS	NS	NS	**	*	NS	*	**	NS
Leea rubra	0	240	117	61	67	61	31	13	17	5,020
	32	180	96	50	51	44	22	9	13	4,220
	63	175	87	44	43	36	19	7	10	3,390
	92	79	39	22	19	12	7	2	3	2,070
Significance										_,
Shade		**	**	**	**	**	**	**		*
Linear		**	**	**	**	**	**	**	**	**
Ouadratic		NS	NS	NS	NS	NS	NS	NS	NS	NS
Ficus benjamina	0	282	136	NAy	146	94	44	NA	52	5,470
- · · · · · · · · · · · · · · · · · · ·	32	222	96	NA	113	82	32	NA	46	3,750
	63	163	89	NA	74	51	26	NA	25	3,650
	92	114	64	NA	50	34	18	NA	16	2,900
Significance										,
Shade		**	**	NA	**	**	**	NA	**	**
Linear		**	**	NA	**	**	**	NA	**	**
Quadratic		NS	NS	NA	NS	NS	NS	NA	NS	NS

 $^{2}0\% = 8.37$, 32% = 5.67, 63% = 2.61 and 92% = 0.70 mol·m⁻²·day⁻¹.

yNA = Not applicable.

NS.*,**Not significant or significant at P = 0.05 or 0.01, respectively.

Table 5. Mean chlorophyll concentrations for *Leea coccinia* and *Ficus benjamina* after 124 days grown under four light levels in the greenhouse.

	Shade level	Chlo			
Species	(%) ^z	a	b	a : b	Total
Leea coccinia	0	32.56 ^y	12.57	2.60	45.13
	32	38.82	15.71	2.49	54.53
	63	42.56	18.45	2.31	61.01
	92	51.04	24.40	2.10	75.44
Significance					
Shade		**	**	**	**
Linear		**	**	**	**
Ouadratic		NS	NS	**	NS
Ficus benjamina	0	23.28	7.98	2.91	31.26
•	32	36.76	12.79	2.87	49.54
	63	26.84	10.57	2.54	37.41
	92	38.45	15.02	2.57	53.47
Significance					
Shade		**	**	**	**
Linear		**	**	**	**
Quadratic		NS	NS	NS	NS

 $^{2}0\% = 8.37$, 32% = 5.67, 63% = 2.61 and 92% = 0.70 mol·m⁻²·day⁻¹.

Mean of four plants.

NS,*.**Not significant or significant at P = 0.05, 0.01, respectively.

crease the frequency of significant differences among the characteristics equally for all species, nor did it appear to increase the levels of significance in any criterion for all species. The number of growing points was not significantly different at any measurement date for any species (data not shown). Leaf thickness for plants of all species grown under full sun decreased marginally over the experiment period, probably due to the naturally low light levels during the fall. Changes that were significant, in general, displayed a linear trend; however, when changes were linear and quadratic, the linear effect was more significant.

Leea coccinia. The morphology of the plants appeared to be only slightly influenced by increasing the shade level (Table 1). Plant width and total number of leaves and growing points did not differ significantly among plants among shade levels at any measurement date. Leaf thickness, however, was significantly reduced by shading.

Leea rubra. The number of growing points and plant height were similar for all plants at all measurement dates. Plants grown under full sun, after 124 days simulated interior lighting, were 20% wider and maintained 46% more leaves than shaded plants (Table 2). Bequette et al. (1985) reported that croton

(Codiaeum variegatum L.) grown under 950 µmol·m⁻²·s⁻¹ maximum photosynthetic photon flux density (PPFD), were taller and maintained more leaves than plants produced under 350 µmol·m⁻²·s⁻¹ maximum PPFD.

Ficus benjamina. Plants grown in full sun were up to 38% taller and 27% wider with 29% thicker leaves than plants grown under any simulated interior lighting condition for 124 days. Differences in plant height and width, while not significant early in the experiment, were significant by day 95 and remained significant through day 124 (Table 3). Conover et al. (1982) also reported *F. benjamina* grown under 23 µmol·m²·s¹ irradience to be taller than those grown under 13 µmol·m²·s¹.

Leaf thickness differed significantly on three of four dates and at the highest level of significance (P = 0.001) with a predominately linear trend of decreasing thickness as a shade level increased (Table 3). Plants grown in full sun had 29% thicker leaves than plants grown in 92% shade. Other researchers have reported similar decreases in F. benjamina leaf thickness as light levels decrease (Conover and Poole, 1985; Fails et al., 1982a).

Fresh and dry weights, leaf areas

Leea coccinia. Fresh and dry weights of plant tops (total, leaves, rachis, and stems) decreased with increased shade level (Table 4). Leaf areas were similar for all treatments.

Leea rubra. Shade-grown plants were 25% to 67% lower in total fresh weight and 28% to 80% lower in total dry weight than those plants grown in full sun. Shade-grown plants had 16% to 59% less leaf area than those of sun-grown plants (Table 4). Similar observations were reported for sun- and shade-grown plants of some other interior plant species (Braswell et al., 1982; Conover and Poole, 1985; Conover et al., 1982).

Ficus benjamina. Plants grown under shade were 21% to 60% lower in total fresh weight, 13% to 64% lower in total dry weight, and had 47% less total leaf area than plants grown in full sun. These results are in agreement with those reported previously for *F. benjamina* (Fails et al., 1982a, 1982b; Johnson et al., 1982).

Chlorophyll concentration in leaves of *L. coccinia* increased linearly with increasing shading; total chlorophyll concentration for shade-grown plants was 17% to 40% higher than for sun-grown plants. Although both chlorophyll a and b levels were higher, the chlorophyll a: b ratio was lower. For *F. benjamina*, an increase in shading resulted in 16% to 42% higher total chlorophyll content, and, as in the case of *L. coccinia*, lower chlorophyll a: b ratio (Table 5). These results are similar to those for several other interior plant species as well as many shade-tolerant forest species (Björkman and Holmgren, 1963; Braswell et al., 1982).

Anthocyanin concentration in *L. rubra* decreased linearly, by 8% to 43%, with decreasing light intensity (Table 6). Similar observations of decreasing anthocyanin con-

Table 6. Mean anthocyanin concentrations for *Leea rubra* after 124 days grown under four light levels in the greenhouse.

	8
Shade level (%) ²	Anthocyanin idaein equivalent
0	25.00 ^y
32	19.17
63	22.93
92	14.36
Significance	
Shade	**
Linear	**
Quadratic	NS

 $^{2}0\% = 8.37, 32\% = 5.67, 63\% = 2.61$ and 92% = 0.70 mol·m⁻²·day⁻¹.

Mean of four plants.

NS.*.**Not significant or significant at P = 0.05, 0.01, respectively.

centration with decreasing light intensity have been reported for strawberry leaf disks (Creasy et al., 1965).

We found that L. coccinia and L. rubra, two species of large foliage plants, could survive direct transition from full sun to a relatively low light intensity that averaged 0.7 mol·m⁻²·day⁻⁷, i.e. a normal office light intensity. The ability of these plant species to acclimate to this range of light intensity is comparable to that of the F. benjamina, a widely used large foliage plant. The ability of these plants to survive the low light intensity apparently was the result of the rapid morphological and physiological changes following the transfer from full sun to lower light intensity conditions. All three plant species exhibited reductions in leaf thickness, increases in chlorophyll concentrations, and reduction in chlorophyll a: b ratios when shaded. These changes likely allow the plants to harvest light more efficiently than those growing in sunshine. Shaded plants did grow less, as expressed by fresh and dry weights and a reduced total leaf area in lower than normal light intensity. Nevertheless, they maintained their healthy appearance and ornamental qualities at the end of the experiment. Since rapid growth is not critical or even desirable for interior landscaping and since the plant specimens maintained good ornamental qualities, *L. coccinia* and *L. rubra* are appropriate landscape materials for relatively large office and home spaces.

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