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## Ethylene-induced Senescence and Physiological Disorders in Harvested Horticultural Crops

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Ethylene plays a major role in plant senescence via its direct and indirect effects on the regulation of metabolism. The known physiological and biochemical effects of C<sub>2</sub>H<sub>4</sub> on harvested horticultural crops include increased respiratory activity; increased activity of enzymes such as polygalacturonase, peroxidase, lipoxidase, alpha-amylase, polyphenol oxidase, and phenylalanine ammonialyase (PAL); increased permeability and loss of cell compartmentalization; and alteration of auxin transport or metabolism (34). Nevertheless, the mechanism by which C<sub>2</sub>H<sub>4</sub> promotes senescence remains unknown. Lieberman (21) stated that the action of C<sub>2</sub>H<sub>4</sub> in accelerating senescence can be associated with interactions with auxins, gibberellins, cytokinins, and abscisic acid (ABA). The mechanisms involved in these interrelationships are not fully understood, but there is evidence to suggest that a general antagonism exists between the senescence promoters (C<sub>2</sub>H<sub>4</sub> and ABA) and the senescence inhibitors (auxins, gibberellins, and cytokinins).

The promotion of senescence in harvested horticultural crops by C<sub>2</sub>H<sub>4</sub> results in acceleration of deterioration and consequent abbreviation of postharvest life. The objective of this paper is to review briefly C<sub>2</sub>H<sub>4</sub> effects on quality attributes, physiological disorders, and postharvest diseases of horticultural commodities. Emphasis is

placed on information reported since Abeles' review of the role of ethylene in plant biology in 1973 (1).

### Ethylene effects on quality attributes

**Loss of green color.** Ethylene accelerates chlorophyll degradation and induces yellowing of green tissues, thus reducing market quality of leafy, floral, and immature-fruit vegetables and foliage ornamentals. Exposure of cabbage to 10 or 100 ppm C<sub>2</sub>H<sub>4</sub> during holding at 1°C for 5 weeks resulted in loss of greenness and extensive leaf abscission (32), but loss of greenness in cabbage can occur at even lower C<sub>2</sub>H<sub>4</sub> levels (1 to 5 ppm) in some cultivars (15, 16). Toivonen et al. (47) reported that 4 ppm C<sub>2</sub>H<sub>4</sub> increased the rates of deterioration and yellowing in cabbage, brussels sprouts, broccoli, and cauliflower kept in air at 1°C. Wang (48) concluded that senescence of broccoli is related to C<sub>2</sub>H<sub>4</sub> production and effects. Olorunda and Looney (31) observed that 'Acorn' squash stored at 15° or 20° with 5 ppm C<sub>2</sub>H<sub>4</sub> underwent visible degreening of peel and flesh tissues. Ethylene treatments at 0.1 to 10 ppm decreased cucumber fruit chlorophyll content and induced loss of firmness at 5 and 10 ppm (33).

**Abscission.** Ethylene induces abscission of leaves of cabbage, Chinese cabbage, cauliflower, and foliage plants, florets of broccoli and cut flowers, and calyces of eggplant. Exposure of eggplants to 0.8 ppm or higher concentrations of  $C_2H_4$  for 2 days caused stem and calyx abscission, and stimulated *Botrytis cinerea* infection so that rotting was extensive after 8 days (42). Sigrist (44) found that exposure of eggplants to 1 or 10 ppm  $C_2H_4$  for 2 days at 20°C reduced their storage-life to about 33% or 25% of that of control fruit, respectively. Symptoms of  $C_2H_4$  damage were rapid deterioration of the calyces, calyx abscission, browning of the pulp and seeds, and accelerated decay of the fruit.

**Texture.** Softening of fruit exposed to  $C_2H_4$  can reduce their storage-life shipping ability. Exposing watermelons to 5, 30, or 60 ppm  $C_2H_4$  reduced firmness and rind thickness, accelerated deterioration, and reduced acceptability after 3 days at 18°C (38). Shimokawa (43) reported that  $C_2H_4$  increased the activities of pectinase, cellulase, esterase, polyphenol oxidase, and peroxidase and caused tissue maceration in watermelons. Ethylene applied to fresh sweet potato roots resulted in reduced firmness after cooking, but had adverse effects on flavor and color (7).

Exposure of asparagus spears to 100 ppm  $C_2H_4$  for 1 hr increased spear toughness, which was associated with increased activity of peroxidase isozymes and accelerated lignin biosynthesis (13). Ethylene also has been shown to stimulate PAL activity and increase lignin biosynthesis in Swedish turnip (rutabaga) roots (37).

**Flavor.** Ethylene promotes changes which are important to flavor quality such as starch to sugar conversion, loss of acidity, and formation of aroma volatiles in climacteric fruit (34). On the other hand,  $C_2H_4$  can induce undesirable flavors in sweet potatoes (7) and carrots (8, 41). Bitter flavor in carrots has been associated with  $C_2H_4$ -induced isocoumarin formation (8). Sarkar and Phan (41) reported that  $C_2H_4$  caused an increase in the total phenol content of carrots and induced formation of new compounds, including isocoumarin and eugenin. Exposure to 100 ppm  $C_2H_4$  during controlled atmosphere (CA) storage was associated with development of a bitter flavor in cabbage (47).

**Sprouting of potatoes.** Sprouting is promoted by short (up to 72 hr) exposures to 2 ppm  $C_2H_4$  (39). Ethylene exerts a dual effect on potato tubers: it shortens the duration of rest markedly, but inhibits elongation of the sprouts. Although these effects are desirable for seed potatoes, they are undesirable for table and processing potatoes. Ethylene also causes a rapid increase in the respiration rate of potato tubers (36, 39).

**Black spot in potatoes.** Timm et al. (46) found that the severity of black spot in potatoes, in most instances, was lowered by exposure to  $C_2H_4$  for 24 to 48 hr. Ethylene did not prevent black spot development after bruising, but it reduced the area of tissue showing visible damage. Ethylene induced healthy cells to develop callus rapidly around injured cells, confining the area of damaged tissue.

### Physiological disorders induced by ethylene

Ethylene has been implicated in several postharvest physiological disorders of horticultural crops. The incidence and severity of these disorders depend upon the physiological age of the commodity, temperature,  $C_2H_4$  concentration, and duration of exposure to  $C_2H_4$ .

**Russet spotting of lettuce.** Ethylene is the primary factor determining the incidence and severity of russet spotting (RS) on lettuce; 0.1 ppm  $C_2H_4$  is sufficient to cause commercially important damage during a normal transit period of 5–8 days at 5°C (20, 30). RS produces well-defined, localized, spot-like lesions that may start either in the epidermis or in the mesophyll. In advanced stages of RS, the vascular tissue may show discoloration, and the mesophyll cells collapse, resulting in pit-like depressions (18). Ilker et al. (18) observed thickening of the cell walls and granulation of the cytoplasm in  $C_2H_4$ -treated lettuce tissue. Hyodo et al. (17) found a close relationship among increased PAL activity, content of phenolic compounds, and development of RS in lettuce tissue.

**Physiological disorders of cut flowers.** The effects of  $C_2H_4$  on flower longevity were reviewed recently by Halevy and Mayak (14). They reported that  $C_2H_4$  causes inrolling of petals, fading, wilting, and abscission of many flowers. Ethylene at about 0.5 ppm or

higher induced “sleepiness” (closure of open flowers) in carnations (28) and *Kalanchoe blossfeldiana* (25); “sleepy” flowers or florets failed to reopen. Extensive research on carnations aimed at understanding the mechanism of  $C_2H_4$  action has revealed many physical, anatomical, and biochemical changes (14), but the sequence of events leading to senescence of cut flowers is still unknown.

**Physiological disorders of flowering bulbs.** Kamerbeek and DeMunk (19) reviewed  $C_2H_4$  effects in bulbous plants and listed the following responses to  $C_2H_4$  at 0.1 ppm or higher:

- Inhibition of shoot and root elongation in several bulb species.
- Induction of physiological disorders, such as gummosis, bud necrosis, and flower-bud blasting in tulips.
- Promotion of flower-bud abscission in lily and leaf abscission in hyacinth.
- An increase in the respiration rates of iris and tulip bulbs that was proportional to  $C_2H_4$  concentration. Prince et al. (35) reported that storage of tulip bulbs for 3 weeks in air with 5 ppm  $C_2H_4$  caused flower abortion upon forcing; abnormal flowers had dried, papery petals.

**Physiological disorders of nursery stock.** Exposure of dormant nursery stock to  $C_2H_4$  may cause injury, with symptoms of damage not appearing until several days to weeks after planting. As little as 1 ppm  $C_2H_4$  during cold storage damaged dormant apple and pear trees (9). Meadows and Richardson (29) found greater cane mortality and less budbreak in rose plants which had been exposed to  $C_2H_4$  when dormant and in storage at 0° or 5°C than in those kept in  $C_2H_4$ -free air. The extent of the injury was greater at 5° and increased with  $C_2H_4$  concentration. Geranium seedlings exposed to  $C_2H_4$  for 2 days developed more chlorotic leaves and did not grow as well as seedlings kept in air (26).

**Physiological disorders of ornamental plants.** Ethylene induces epinastic responses (downward curvature of leaves) in many plant species (1). However, plants recover normal appearance in 3 to 5 days after  $C_2H_4$  is removed from the environment. Mechanical stress has been shown to induce  $C_2H_4$  production and epinasty in poinsettia cultivars (40). Marousky and Harbaugh (27) held various flowering and foliage plants in light for 3 days at 23.5°C in chambers ventilated with air containing 0, 1, 5, or 10 ppm  $C_2H_4$ . They found that exposure of most foliage plants to 5 or 10 ppm  $C_2H_4$  caused leaf abscission, chlorosis, and epinasty. Most flowering plants exposed to 1 ppm  $C_2H_4$  or higher exhibited flower abscission or flower closure (sleepiness or wilting).

### Physiological disorders induced by $C_2H_4$ + $CO_2$

Arpaia et al. (2) found that the presence of  $C_2H_4$  as low as 50 ppb under CA conditions can negate the benefits of CA storage at 0°C on kiwifruits (*Actinidia chinensis* Planch.) by enhancing flesh softening and altering the internal appearance of the fruit. The incidence and severity of white inclusions (containing large amounts of starch granules) in the fruit core resulted from an interaction between  $CO_2$  and  $C_2H_4$ .

### Physiological disorders aggravated or alleviated by $C_2H_4$

Ethylene at 10 ppm increased the severity of rusty-brown discoloration and  $CO_2$ -induced brown stain on lettuce (Kader et al., unpublished data). Liu (23) reported that ‘Delicious’ apples stored for 7 months in CA with 10 or 500 ppm  $C_2H_4$  developed severe scald, but those kept in CA with <10 ppm  $C_2H_4$  did not.

Ethylene alleviates some of the chilling injury symptoms on certain commodities. For example, exposure of sweet potatoes to  $C_2H_4$  during the postchilling period did not reduce the incidence of hard-core but significantly reduced its severity. This effect may have been related to the observed stimulation of pectin methylesterase activity (6). Lipton and Aharoni (22) reported that treating ‘Honey Dew’ muskmelons at 20°C with 1000 ppm  $C_2H_4$  for 24 hr before storage at 2.5° for 2.5 weeks reduced the incidence of chilling injury by about 75%.

### Ethylene effects on postharvest diseases

The effects of  $C_2H_4$  on fungal growth and disease development on harvested horticultural commodities are still unclear. Ethylene

was found to stimulate rot development by some fungi, e.g., *Diplodia natalensis* Pole-Evans), on citrus fruit in Florida (3, 5). This may have been due to accelerated growth of the fungus and/or increased susceptibility of fruit tissue to hyphal penetration. El-Kazzaz et al. (11) reported that the presence of 20 ppm  $C_2H_4$  in the storage atmosphere enhanced growth of *Botrytis cinerea* Pehs, ex Fr. and disease development on strawberries. Exposure of 10 postharvest fruit-infecting fungi, in vitro, to  $C_2H_4$  at 1, 10, 100, and 1,000 ppm stimulated germ tube elongation but had little effect on their final growth rate, as determined by colony diameter at 20°C (12). But, when glucosamine content was determined as an indicator of fungal dry weight,  $C_2H_4$  was shown to stimulate growth of *Botrytis cinerea* Pers. ex Fr. and *Penicillium italicum* Wehmer, in vitro and in vivo on strawberries and oranges, respectively (12).

In contrast,  $C_2H_4$  has been shown to induce resistance to certain pathogens in some harvested plant organs. Sweet potato slices exposed to 8 ppm  $C_2H_4$  for 2 days became more resistant to infection by *Ceratocystis fimbriata* Ell. and Halst. The increased resistance was accompanied by an increase in peroxidase and polyphenol oxidase activities (45). Lockhart et al. (24) found that  $C_2H_4$  treatment inhibited development of apple rot caused by *Gloeosporium album* Osterw. Florida 'Robinson' tangerines exhibited resistance to *Colletotrichum gloeosporioides* (Penz.) Arx that were treated with  $C_2H_4$  for 3 days before inoculation, and then were exposed to additional  $C_2H_4$  to complete degreening (5). Ethylene-treated tangerines accumulated more phenolic compounds and were more intensely lignified than untreated fruit (4). However, Brown and Barmore (5) reported that resistance in orange-colored tangerines was broken down by subjecting them to 100 ppm  $C_2H_4$  for 76 hr. In contrast, El-Kazzaz et al. (10) found that California oranges developed more resistance to *Penicillium italicum* when exposed to 1000 ppm  $C_2H_4$  for 5 or 6 days than at lower  $C_2H_4$  concentrations or shorter treatment durations.

Both the direct stimulatory effects of  $C_2H_4$  on postharvest fruit fungi and the indirect inhibitory effects via possible modifications of the host's metabolism have practical implications in the postharvest biology of fresh horticultural crops. Additional research is needed to evaluate the potential benefits of avoiding exposure to  $C_2H_4$  on rate of rot development. The possible use of  $C_2H_4$  treatment to induce disease resistance in the commodity and the biochemical basis of this response also merit further investigation.

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## Control of Ethylene in the Postharvest Environment

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The beneficial and harmful effects of ethylene ( $C_2H_4$ ) on harvested horticultural products are well documented. The purpose of this presentation is to outline the technologies currently available in commercial horticulture for both the application of  $C_2H_4$  to harvested horticultural crops, and the protection of these crops from the undesirable effects of  $C_2H_4$ . The research base for this topic cuts across many areas of considerable postharvest research, including temperature effects, atmospheric modification, and regulation of  $C_2H_4$  synthesis. A complete review of any of these topics is beyond the scope of the presentation, and, in most instances, the reader is referred to recent research reports or comprehensive reviews of the specific subject.

### Postharvest application of ethylene

**History and economic importance.** The use of practices to hasten fruit ripening dates to antiquity (35), although it was not known until relatively recently that  $C_2H_4$  was the causal agent. The earliest practices employed the emanations from ripe fruit or the smoke generated from burning combustible products. The use of kerosene stoves for "sweating" or "forced curing" of citrus was a well-established commercial practice by the late 1800s. It was believed that the high temperatures and high humidities in the "sweating" rooms resulted in degreening. Sievers and True (43) demonstrated that degreening was due to some unknown gaseous product from the incomplete combustion of kerosene. Denny (15) provided convincing evidence in 1924, that  $C_2H_4$  was the effective constituent in "stove gas", and described a method for commercially degreening lemons using cylinders of compressed  $C_2H_4$  gas.

Denny's work (15) marked the beginning of the knowledgeable use of  $C_2H_4$  gas in commercial degreening and fruit ripening practices. Harvey (27) published the 1st comprehensive bulletin describing the commercial application of  $C_2H_4$  for ripening bananas, pineapples, dates, Japanese persimmons, tomatoes, hard pears, apples, and muskmelons. Interestingly, one early commercial use for  $C_2H_4$  was for blanching celery (26), a practice which has long since been discontinued.

Rosa (39) predicted that for tomatoes "the acceleration of the coloring process by low concentrations of  $C_2H_4$  is sufficiently great to make it commercially valuable. . .". These words seem especially prophetic when considering the economic importance of  $C_2H_4$  applications in postharvest horticulture today. Although it is not

possible to assign an exact monetary value for  $C_2H_4$  use, it is accurate to state that  $C_2H_4$  applications play an important role in the orderly marketing of fresh citrus (excluding limes), tomatoes, bananas, mangoes, and honeydew melons. Recent reports (20, 47, 48) indicate that these products have a value of over 1.9 billion dollars in the United States alone.

**Sources of ethylene.** There are 3 potential sources of  $C_2H_4$  for commercial use: liquids, gases, and ripening fruit. Liquid sources are  $C_2H_4$ -releasing chemicals such as (2-chloroethyl) phosphonic acid, commonly known as ethephon. This chemical is registered and widely used for preharvest applications to concentrate maturity or otherwise facilitate harvest of several horticultural crops. According to the label, the only presently registered use for postharvest application is for the degreening of lemons in Florida (49). Therefore, further discussion will be limited to the other sources of  $C_2H_4$  for postharvest use.

Ethylene gas can be generated *in situ* or purchased in compressed cylinders. The gas is generated by catalytic conversion of a flammable liquid concentrate (Ethy-Gen) to  $C_2H_4$  gas (11). This is one of the most popular commercial sources of  $C_2H_4$  gas. The other widely used source of  $C_2H_4$  gas is that purchased in compressed cylinders of either pure  $C_2H_4$  or  $C_2H_4$  diluted with an inert gas such as the product called "banana gas" (50, 3, 51).

Postharvest physiologists are aware that ripening fruit produce  $C_2H_4$ , but many commercial handlers either are unaware of or ignore this fact. If ripening room operators conscientiously monitored  $C_2H_4$  levels in these rooms, then the use of ripening fruit might be a viable commercial alternative. However, the use of ripening fruit as a source of  $C_2H_4$  generally is limited to home ripening recommendations.

**Which source to use?** The source of  $C_2H_4$  used by handlers normally is determined by the facilities for treatment, legal considerations, cost, and safety. The use of  $C_2H_4$  gas requires some type of enclosure. The cost of building special ripening facilities with precise temperature and humidity controls is well-justified when repeated ethylene applications are required.

Each handler also must consider the legality of  $C_2H_4$  application (25). Ethylene gas used for plant regulation such as coloration or ripening of fruit and vegetables is regarded legally as a pesticide for regulatory purposes (52). Therefore, it must be registered with the Environmental Protection Agency (EPA) and the appropriate state agencies. Containers of  $C_2H_4$  gas or  $C_2H_4$ -releasing liquids must bear EPA approved labeling, including EPA registration and establishment numbers, intended uses, ingredients statement, and appropriate precautionary labeling statements.

Because of the explosive nature of certain mixtures of  $C_2H_4$  and

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