Propagation of Five Species in a Commercial-scale Submist System

Stephanie E. Burnett¹, Bryan J. Peterson¹, and Marjorie Peronto²

ADDITIONAL INDEX WORDS. blue star flower, cuttings, faassen nepeta, panicle hydrangea, sweetfern, sweetgale, water use

SUMMARY. The novel propagation system submist, which applies water to the bases of cuttings rather than overhead, is a promising alternative. We developed and tested a commercial-scale submist system to make this propagation system more accessible to commercial propagators. Five species, including blue star flower (*Amsonia tabernaemontana*), faassen nepeta (*Nepeta* × *faassenii* ‘Six Hills Giant’), panicle hydrangea (*Hydrangea paniculata* ‘Grandiflora’), sweetgale (*Myrica gale*), and sweetfern (*Comptonia peregrina*), were propagated from cuttings in commercial-scale submist and overhead mist systems. Blue star flower and faassen nepeta cuttings had greater root length, root rating, and root number with the submist system. Panicle hydrangea cuttings had more roots in submist, but longer roots in overhead mist. There were no differences in rooting between the systems for sweetgale and sweetfern cuttings. The comparable or superior rooting of these five species in a submist system compared with traditional overhead mist systems is evidence that submist is a viable alternative propagation system. Water use in submist systems was 98% less than that for overhead mist systems.

Stem cuttings are traditionally propagated using overhead mist systems. Recent work has explored the use of a different approach: submist propagation (Peterson et al., 2018a, 2018b; Sanchez et al., 2020). Submist propagation systems apply water to the basal portions of cutting stems, rather than overhead. Cuttings are suspended in an enclosure that

contains a manifold of mist nozzles. Plants propagated in this system may have superior rooting compared with those propagated in overhead mist (Peterson et al., 2018a, 2018b; Sanchez et al., 2020). After propagation, cuttings are transplanted into soil-less media, and their growth is similar to that of plants propagated in overhead mist (Peterson et al., 2018a, 2018b).

Submist propagation systems were introduced in 1964 at the International Plant Propagators’ Society Western Region annual meeting (Nitsch, 1964). They have been used experimentally to propagate semi-hardwood cuttings of peach [*Prunus persica* (Coston et al., 1983)]. Submist propagation systems are a relatively new concept in commercial operations. Previous research with these systems has been conducted on small-scale, custom-built submist units that are

unsuited to commercial propagation because they hold few cuttings (Peterson et al., 2018a, 2018b; Sanchez et al., 2020). For the industry to adopt submist propagation, larger systems must be designed that can effectively hold the greater number of cuttings propagated at commercial greenhouses or nurseries.

One potential benefit of submist systems for propagation, compared with overhead mist, is that submist systems potentially use less water. This is because the enclosed system recycles water and reduces water losses to evaporation. Although we are unaware of research quantifying the amount of water used during overhead mist propagation, a survey of greenhouse growers indicated that 4.5 to 46.1 L·m⁻² of leachate is produced over 4 weeks (Santos et al., 2008). Peterson et al. (2018b) found that submist systems used about the same amount of water for the entire time needed to propagate coleus (*Plectranthus scutellarioides*) as an overhead mist nozzle used in 30 s. Techniques for reducing water use during propagation without impacting rooting negatively would help growers reduce their overall water usage.

Another potential benefit of using submist for propagation is that it may improve root development on some woody and herbaceous perennials that are challenging to propagate or that form roots slowly. In previous research, manchurian lilac (*Syringa pubescens* ssp. *patula* ‘Miss Kim’) had more roots and longer roots when it was propagated in submist (Sanchez et al., 2020). Manchurian lilac plants are often challenging to propagate if cuttings are not taken at the right time (Hartmann et al., 2002). A broader variety of species, including difficult-to-root plants, should be tested in submist propagation systems to determine whether

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¹School of Food and Agriculture, 5722 Deering Hall, University of Maine, Orono, ME 04469

²University of Maine Cooperative Extension, 5741 Libby Hall, University of Maine, Orono, ME 04469

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S.E.B. is the corresponding author. E-mail: sburnett@maine.edu.

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Units

To convert U.S. to SI, multiply by	U.S. unit	SI unit	To convert SI to U.S., multiply by
0.3048	ft	m	3.2808
0.0929	ft ²	m ²	10.7639
3.7854	gal	L	0.2642
40.7458	gal/ft ²	L·m ⁻¹	0.0245
0.7457	horsepower	kJ·s ⁻¹	1.3410
2.54	inch(es)	cm	0.3937
0.0254	mil(s)	mm	39.3701
28,350	oz	mg	3.5274 × 10 ⁻⁵
1	ppm	mg·L ⁻¹	1
(°F – 32) ÷ 1.8	°F	°C	(°C × 1.8) + 32

these challenging species form roots more reliably or quickly in submist. For example, sweetfern (*Comptonia peregrina*) is challenging to propagate from stem cuttings. Although some growers propagate sweetfern from rhizomes, the technique is slow and it limits the number of plants available (Griffith Gardner et al., 2019). Blue star flower (*Amsonia tabernaemontana*) is propagated from seed or by stem cuttings, which often form roots slowly (Hartmann et al., 2002).

Our three objectives for this study were 1) to determine whether submist propagation systems could be modified for commercial-scale propagation, 2) to compare water usage between submist and traditional overhead mist propagation systems, and 3) to compare rooting of several shrubs and herbaceous perennials propagated in both submist and overhead mist systems. Two of five species in this study (sweetfern and blue star flower) are difficult to propagate using stem cuttings. The other three species, faassen nepeta (*Nepeta xfaassenii* ‘Six Hills Giant’), sweetgale (*Myrica gale*), and panicle hydrangea (*Hydrangea paniculata* ‘Grandiflora’) are easy to propagate.

Materials and methods

Cuttings from five species of plants were propagated in commercial-scale submist and overhead mist systems. On 20 June 2019, tip cuttings were taken from container-grown plants of blue star flower and faassen nepeta at a commercial nursery in New Hampshire. Cuttings were collected in a plastic cooler for transport to campus, stored in a floral cooler overnight, and inserted into substrate for rooting the following day. Cuttings of blue star flower had 10 nodes and were 6 inches long. Cuttings of faassen nepeta had three nodes and were 4 inches long. Faassen nepeta were flowering prolifically when we took cuttings; we did not remove the flowers. Cuttings of both species were dipped in 1000 mg·L⁻¹ potassium salt of indole-3-butyric acid (KIBA) for 5 s and then briefly air-dried before insertion into either propagation system. Herbaceous perennial cuttings in the submist systems were briefly hand misted for 10 s once each hour on the day cuttings were inserted into substrate for rooting (10:00 AM–6:30 PM), after which

they received no overhead mist for the remainder of the experiment. Softwood tip cuttings of panicle hydrangea and sweetgale were taken on 21 June 2019 at a commercial nursery in Maine, stored in a floral cooler, and inserted into substrate for rooting the following day. Panicle hydrangea cuttings had three to four nodes, were 4.3 inches long, and were dipped for 5 s in 1000 mg·L⁻¹ KIBA. Sweetgale cuttings had 10 to 12 nodes, were 4 inches long, and were not treated with exogenous hormone (Peterson et al., 2019). Softwood tip cuttings of sweetfern were obtained from a private residence in Blue Hill, ME, on 26 June 2019 and were inserted into propagation systems the same day. Tip cuttings (≈4–5 inches long) were taken from new shoots emerging directly from the ground next to established plants, presumably from underground rhizomes. These softwood cuttings were dipped for 5 s in 8000 mg·L⁻¹ KIBA, and air-dried briefly before they were inserted into the two systems. For all species, cross-contamination of KIBA between species was unlikely to be a problem because the volume of water in the submist reservoir will dilute any KIBA rinsed-off cuttings to less than 1 ppm in the recirculating water.

In overhead mist, cuttings were propagated in premoistened substrates of supercoarse horticultural perlite (Whittemore Co., Lawrence, MA) and milled peatmoss (Sun Gro Horticulture, Agawam, MA) in 50-cell vacuum propagation sheets (Dillen-ITML, Middlefield, OH) inserted into 1020 trays (21.0 × 10.75 × 2.5 inches). All woody plant species were propagated in 3:1 (v/v) perlite:peatmoss, and all herbaceous perennials were propagated in 1:1 (v/v) perlite:peatmoss. Each overhead mist system was built on a separate 3 × 8-ft greenhouse bench in a glass-glazed greenhouse. An overhead mist system consisted of three floramist nozzles connected to 1/2-inch polyvinyl chloride on risers. A separate battery-operated timer (Mist Timer II; Drips, Concho, AZ) for each overhead mist system turned on the mist for 10 s every 10 min from 6:30 AM until 7:30 PM.

The commercial-scale submist systems were modified versions of the submist used in previous experiments (Peterson et al., 2018a, 2018b;

Sanchez et al., 2020). In this version of the system, 6-ft × 3-ft × 7-inch ebb-and-flow tables (Active Aqua Premium High Rise Flood Table AAHR36W; HydroFarm, Petaluma, CA) were set on greenhouse benches as aeroponic rooting chambers (Fig. 1). Within each rooting chamber, we constructed a manifold of mist nozzles using 1/2-inch tubing with six mist nozzles (T-Spray; Senninger, Clermont, FL) installed. A 1-horsepower lawn pump (Utilitech; Lowe’s Home Improvement, Mooresville, NC) with a 6-ft leader hose connected to a foot valve (Star Water Systems, Kendallville, IN) pulled the water from a sump basin (Jackel, Mishawaka, IN) and delivered it to the manifold. The pump was plugged to a timer (Titan Controls Apollo 12; Sunlight Supply, Vancouver, WA) that turned on the mist for 10 s every 10 min. Excess water drained from the ebb-and-flow table, at which point it was returned to the sump basin. The submist chamber was covered using a piece of vinyl lattice with a 1 1/8-inch grid size (Fig. 1A), over which was placed 5.5-mm black-and-white polyethylene film with the white side facing out (HydroFarm). The lid was attached to the ebb-and-flow bench with 10 spring clamps. Before inserting a cutting, a hole was poked in the plastic film at the center of a lattice grid hole using the point of a pencil (Fig. 1B).

Environmental conditions and water use were monitored. A weather station (EM50; Meter Group, Pullman, WA) with a quantum light sensor (SQ120; Apogee Instruments, Logan, UT) and combined temperature and relative humidity sensor (VP-4; Meter Group) monitored the environment. The mean daily temperature was 25 °C, the daily light integral (DLI = Mean photosynthetically active radiation × 0.0864) was 17 mol·m⁻²·d⁻¹, and the relative humidity was 64% during the experiment. The quantity of water added to each replicate system was noted throughout the propagation period. For submist, this was observed manually. We noted the water added to sump basins at the beginning of the experiment and recorded how much water was added until the final rooted cuttings were harvested on 29 July. Flow meters (1/2-inch, model DLJSJ50; Daniel L. Jerman Co.,

Fig. 1. A commercial-scale submist system was used in our study to propagate five nursery crops by stem cuttings. It consisted of (A) an ebb-and-flow bench covered with lattice, as well as a reservoir and a pump connected to a manifold of nozzles. (B) The lattice was covered with plastic film that was black on the lower surface and white on the upper surface, and holes were created in the film to insert cuttings. (C) Nozzles and formation of roots in the system are shown.

Hackensack, NJ) were installed inline to record the volume of water used by each overhead mist system during the entire study duration, ending on 29 July.

When cuttings in either system were rooted, all cuttings of that species were harvested (faassen nepeta, 2 and 3 July; blue star flower, 17 July; panicle hydrangea, 18 July; sweetgale, 19 July; sweetfern, 29 July) from both systems. Cuttings were considered well rooted when a majority of them had enough roots that they would survive transplanting (a root rating of 3 or greater using the scale described next). Data collected from cuttings included a subjective root rating, the

length of the longest root, the number of roots, and root dry weight. For the root ratings (all plants except faassen nepeta), subjective ratings were assigned for root system quality on a scale from 0 to 5, where 0 is no roots, 1 is one to several roots (not transplantable), 2 is a lopsided and/or weakly developed root system, 3 is a moderately developed root system, 4 is a well-developed root system, and 5 is an extensive root system distributed symmetrically around each cutting. Root dry weight was recorded for each cutting after roots were washed and bagged, and roots were dried in a room heated to 68 °C for a minimum of 1 week. Faassen nepeta

was rated on a scale from 1 to 5, where 1 is a cutting that had no roots, 2 is a cutting with a modest number of roots, 3 is a cutting with an intermediate root system and likely to survive transplanting, 4 is a cutting that is fairly well developed, and 5 is an extensive and symmetrical root system.

The experiment was conducted as a randomized complete block design, with three blocks for each experimental unit. We began the experiment with five blocks, but two of the submist systems were compromised by mechanical failures early during the propagation period. Nozzles in one of the submist systems became clogged by debris in the line, and the pump in another submist system failed to hold its prime. Therefore, cuttings were harvested from only three blocks for data analysis. Within blocks, an experimental unit consisted of a bench-scale submist system or an overhead mist system. Each species in the system was analyzed as a separate experiment, with individual cuttings serving as subsamples. There were 21 subsamples for faassen nepeta and 10 subsamples for all other species. Data from subsamples in each block were averaged before analysis using JMP Pro 14 (SAS Institute, Cary, NC) and analysis of variance.

Results and discussion

The commercial submist system performed as well as the alternative propagation system for the five species we studied (Fig. 1C). Compared with overhead mist, rooting in submist was comparable [sweetfern, sweetgale, and panicle hydrangea (Table 1)] or superior [blue star flower, faassen nepeta (Table 1)]. These findings are consistent with previous studies using submist, in which manchurian lilac, inkberry (*Ilex glabra*), and coleus produced more roots and longer roots in submist than in overhead mist (Peterson et al., 2018a, 2018b; Sanchez et al., 2020).

Root number and quality rating of the two herbaceous perennials in the study—blue star flower and faassen nepeta—were both significantly greater when they were propagated using submist systems (Table 1). When cuttings were propagated in submist, root ratings were 84% and 34% greater for blue star flower and

Table 1. Root rating, root length, root number, and root dry weight of cuttings of five plant species propagated in submist and overhead mist systems. Means for each system are presented for each species; n = 3, with each replicate the average of 21 subsamples (faassen nepeta) or 10 subsamples (all other species). The experiment was conducted from 20 June to 29 July 2019 in Orono, ME.

Species	System	Root rating (0–5 scale) ^z	Root length (cm) ^y	No. of roots	Root dry wt (mg) ^y
Blue star flower	Submist	3.13	9.86	70.9	56.1
	Overhead mist	0.5	0.34	18.2	3.68
	<i>P</i> value	0.0007 ^x	0.0465	0.0095	0.0461
Faassen nepeta	Submist	2.69	4.24	59.9	25.1
	Overhead mist	1.78	0.32	9.68	1.05
	<i>P</i> value	0.0097	0.0008	0.0108	0.0019
Sweetfern	Submist	1.77	3.78	18.3	9.48
	Overhead mist	1.1	4.56	6.73	15.1
	<i>P</i> value	NS	NS	NS	NS
Sweetgale	Submist	3.03	5.06	15	23.7
	Overhead mist	2.83	5.19	12.6	41.2
	<i>P</i> value	NS	NS	NS	NS
Panicle hydrangea	Submist	3.1	2.92	138	26.3
	Overhead mist	2.9	3.65	94.3	39.5
	<i>P</i> value	NS	0.0345	0.0062	NS

^zRoots of blue star flower, sweetfern, sweetgale, and panicle hydrangea were rated on a scale from 0 to 5, where 0 = no roots, 1 = one to several roots (not transplantable), 2 = a lopsided and/or weakly developed root system, 3 = a moderately developed root system, 4 = a well-developed root system, and 5 = an extensive root system distributed symmetrically around each cutting. Roots of faassen nepeta were rated on a scale from 1 to 5, where 1 = no roots, 2 = a modest number of roots, 3 = an intermediate root system likely to survive transplanting, 4 = a fairly well-developed root system, and 5 = an extensive and symmetrical root system.

^y1 cm = 0.3937 inch, 1 mg = 3.5274 × 10⁻⁵ oz.

^xData from subsamples in each block were averaged before analysis of variance. Probability values are shown for treatment effects that are significant at $\alpha = 0.05$; NS = not significant.

faassen nepeta, respectively (Table 1). Similarly, root length increased by 97% and 92% for blue star flower and faassen nepeta, respectively (Table 1), when they were propagated in submist. Cuttings of herbaceous perennials developed a mean of 50 additional roots in submist compared with overhead mist, where neither species grew more than 20 roots on average (Table 1). Root dry weight of blue star flower and faassen nepeta was 93% and 96% greater, respectively, in submist (Table 1).

‘Walker’s Low’ faassen nepeta typically roots in 3 to 4 weeks in overhead mist; however, plants are slower to root when they are flowering (Pilon, 2007). Our cuttings were flowering when collected, and they rooted in 12 to 13 d in the submist system. Cuttings in overhead mist systems may have produced a comparable number of roots given more time. Blue star flower propagated in submist rooted in 27 d. Blue star flower roots relatively reliably when it is propagated from stem cuttings (Cullina, 2000). We worked with this plant because growers in the northeastern United States find it to be slow to root (Van Berkum Nurseries, unpublished data). Although 27 d is not a quick propagation time for an

herbaceous perennial, it is likely that the plants propagated in submist had more roots because the roots formed more quickly compared with overhead mist. These are the first herbaceous perennials we have propagated in submist. However, the results we observed agree with those reported for the annual plant coleus (Peterson et al., 2018b). Cuttings of coleus propagated in submist had more and longer roots, and the dry weight of root systems was greater than those of coleus propagated in overhead mist (Peterson et al., 2018b).

Panicle hydrangea had a greater root number (mean, 44) when propagated in submist (Table 1). However, there was no difference in root rating or dry weight, and root length was greater when panicle hydrangea was propagated in overhead mist [20% longer (Table 1)]. Panicle hydrangea formed roots in 28 d. Compared with some of the other species propagated in this study, panicle hydrangea (and other hydrangea species) is considered easy to root (Hartmann et al., 2002). In previous studies, two other woody plant species, manchurian lilac and inkberry, produced more and longer roots in submist than in overhead mist (Peterson et al., 2018b; Sanchez et al., 2020).

There were no significant differences in rooting measures for either sweetfern or sweetgale grown in both propagation systems (Table 1). It seems that rooting response to submist and overhead mist varies from one species to another. We are unsure why submist may provide a superior environment for some plants and not for others. However, there has been scant research exploring the impact of the propagation environment on root formation. Twinflower (*Linnaea borealis*) roots best in an environment with relatively low light (DLI = 5.8–14.4 mol·m⁻²·d⁻¹) and high substrate moisture content (0.30–0.35 θ), conditions that are qualitatively similar to natural environments for this plant (Foster et al., 2017). In our study, it is possible that the rooting environment is more appropriate for some plants because it mimics their natural environment. In a previous study, the vapor pressure deficit and temperatures at canopy height and in the rooting zone were greater for submist than for overhead mist (Sanchez et al., 2020). It is also possible that higher temperatures in submist encourage root growth in some species. Root-zone temperature can increase rooting of red fountain grass (*Pennisetum ×advena*), particularly when

DLI is low (Owen and Lopez, 2018). However, sweetfern roots at greater percentages in the cooler environment provided by overhead mist than in the warmer environment of a propagation dome (Griffith Gardner et al., 2019). Controlled studies are necessary to identify the environmental contributions to root formation for different species in different systems.

Water usage was significantly lower in the submist systems, which used 98% less water than the overhead mist systems (Table 2). Submist systems used an average of 55 L of water, including the water remaining in the system at the end of the study, whereas overhead mist systems used an average of 2403 L. We estimate this would be equivalent to 3 L/ft² of water applied for submist and 100 L/ft² applied in overhead mist. The submist propagation system recirculates water, which is one reason for this reduction. Little water is lost to evaporation compared with overhead mist. Even for plants with equivalent rooting in submist compared with overhead mist, a reduction in water usage could be considered an advantage. Substantial research has focused on finding techniques for reducing water use during plant production (van Iersel et al., 2013). There has been little focus on reducing water during propagation. Previous work has focused on dynamic, rather than static, control of overhead mist systems (Wilkerson et al., 2005; Zolnier

et al., 2003). These systems, which initiate mist based on evapotranspiration, can reduce water usage by 55% (Wilkerson et al., 2005). Submist provides another option for reducing water use while producing cuttings with equivalent or superior root systems. It is likely that reducing water in submist will impact production costs, such as water and electricity to run pumps. However, calculating these costs was beyond the scope of our research and would be difficult to predict, particularly given differences in water costs regionally and whether water is coming from a well or a municipal source (Raudales et al., 2017).

Previous work using submist was conducted in small, research-scale systems (Peterson et al., 2018a, 2018b; Sanchez et al., 2020). In contrast, the system in our study was built to be operated on a commercial scale. Currently, most parts of the system, including ebb-and-flow tables, pumps, sump basins, mist nozzles, and miscellaneous plumbing supplies, are available to growers commercially. The greatest challenge was creating the lid of the system, which was custom-built and not available in one piece on the market. Although the lattice and plastic film succeeded in holding cuttings in place, we would like to build a lid that is easier to use and has a watertight fit. The lattice allowed cuttings to be spaced at a density similar to that of 50-cell propagation trays, but inserting and removing the cuttings from this lid required care. Our commercially scaled-up submist system cost about \$630 in parts to construct each 6 × 3-ft unit (\$35/ft²). Of this cost, more than half was accounted for by the flood table (\$11/ft²) and pump (\$9/ft²). For comparison, each 8 × 3-ft mist bench cost about \$270, or \$11/ft². However, both systems could be scaled differently, altering the cost per square foot. For overhead mist, we used a different mist timer for each bench, but growers use a single timer for a much larger propagation space. For submist, using larger ebb-and-flow tables, tables of a lower grade, and/or more tables fed by a single pump, would reduce the cost per unit area considerably. The ebb-and-flow bench used as the submist rooting chamber could also be used for production as well as propagation, which might provide more flexibility

and make the cost more acceptable. It was relatively easy to propagate cuttings that needed to be rooted at different times during the season in this system and to remove them when they formed roots, which were accessed readily by lifting the lid.

Conclusions

Faassen nepeta and blue star flower had superior overall rooting in submist compared with overhead mist. Panicle hydrangea propagated in submist had more, but shorter, roots than those in overhead mist. Sweetfern and sweetgale were comparable when propagated in both systems. It appears that some plants may have superior, or quicker, rooting in submist. This system may provide advantages to growers who are propagating difficult-to-root plants. In addition, submist used a fraction of the water used by overhead mist. Some growers may find the water savings in propagation a benefit to using this system.

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Table 2. Water used for submist and overhead mist systems during propagation of five nursery crops by stem cuttings from 20 June to 29 July 2019. This experiment was conducted in Orono, ME. The systems differed in water use ($P = 0.0001$).

System	Block	Water use (L) ^z
Submist	1	58 ^y
	2	60
	3	48
	Average	55
Overhead mist	1	2,298 ^x
	2	2,423
	3	2,487
	Average	2,403

^z1 L = 0.2642 gal.

^yThe volume of water added to each submist system was measured manually over the study duration.

^xThe volume of water used by each overhead mist system was measured by a water flow meter installed inline.

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